

The Weekly Buzz

18 Sept 2023





Portland
Place
School

Noticeboard

Lunch Menu

The FUTURE of
FOOD

w/c 18th September

MONDAY

Scottish Cod Kedgeree
Barley and Mushroom Vegetarian Haggis
Minted New Potatoes
Parsnips/Savoy Cabbage
Vanilla Short Bread Crisp and Yoghurt

TUESDAY

Grilled Cumberland sausages
Vegetarian Glamorgan Sausages
Creamy Mash potato/Roasted onion Gravy
Yorkshire puddings/Steamed Broccoli
Steamed Golden Syrup Pudding and Custard

WEDNESDAY

Roast Garlic & thyme Chicken Thigh
Gravy
Baked root Vegetable, Mushroom spinach
Wellington
Crispy Herb Potatoes
Carrots, Braised Red Cabbage
Victoria Sponge

THURSDAY

Beef Cottage Pie
Veggie Scotch pie with Gravy
Roasted root veg soya mince, herbs with
pastry top
Roasted cauliflower, steamed green
beans
Apple & pear crumble and custard

FRIDAY

Battered fish of the day with lemon & tartare
sauce
Charred courgettes stuffed with quinoa; grated
vegetables herb served with smoky tomato sauce
Spicy potato wedges/ mixed pickles mushy peas
Toffee sponge pudding with caramel

EVERYDAY

Seasonal Soup of the day with
Home baked bread (wheat)
Seasonal salads, tomato, cucumber, mixed leaf,
Coleslaw (egg) & grated cheese (milk)
Yoghurt pot (milk) with seasonal fruit

MENU IS SUBJECT TO CHANGE SHOULD INGREDIENTS BE UNAVAILABLE



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DATES FOR DIARY

SCHOOL PHOTOGRAPHER - TUES 19 SEPT, PP HALL (NEW STUDENTS & STAFF ONLY)

HALF TERM - MON 16 OCT- FRI 27 OCT

NHS NASAL FLU (YEARS 6-11) - THURS 9 NOV, PP HALL

CAROL SERVICE - TUES 5 DEC, ST MARYLEBONE CHURCH

CHRISTMAS CONCERT - MON 11 DEC, REGENT HALL

END OF TERM - FRI 15 DEC

More details to follow



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Parents Welcome Meetings

**8.00AM START - 8.30AM FINISH
@ PPS DINING HALL, 143 GREAT
PORTLAND ST, W1W 6QN**

DATES:

**MON 11 SEPT - HYBRID SCHOOL
(ALL YEARS)**

TUES 12 SEPT - YEAR 7

WEDS 13 SEPT - YEAR 8

THURS 14 SEPT - YEAR 9

MON 18 SEPT - YEAR 10

TUES 19 SEPT - YEAR 11

**EXTRA DATE IF YOU CANNOT
ATTEND THE ABOVE:**

WEDS 20 SEPT - ALL YEARS

**COME FOR TEA, COFFEE &
PASTRIES AND MEET OTHER
PARENTS. NO NEED TO RSVP!**



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**LGBT
CLUB**



**On Fridays, Room 23,
registration time**



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Japanese: Friday lunch G34

Mandarin: Monday lunch G34

Russian: Monday lunch B3

Italian: Thursday lunch 23

Spanish: Tuesday lunch G34

French: Tuesday at 3.45 36

MFL CLUBS, please sign up with Mr La- lande



There are many benefits to learning an extra-language, but you will also get skills for DoE and can add this to your sixth form & college applications!



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Open rehearsals for our next whole school production will take place in the Drama Studio 16:00-17:00 on Wed 27th September.

Auditions will then take place the week after on 4th October in the Drama Studio from 16:00.

All KS3 auditions will be finished by 17:00. KS4 auditions may run slightly beyond this.

We look forward to seeing you all there!



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MUSIC TOUR 2024

WHEN

30th June - 4th July, 2024

WHERE
LAKE GARDA,
ITALY

COST
c.£1230



CONCERTS

2 to be confirmed

**Hotel with pool and
by the biggest lake
in Italy**

TRIPS

**Gardaland Theme
Park**

Venice Tour

**OPEN TO
ATTENDEES OF
PPS CHOIR &
CHAMBER
CHOIR**

**Open to all year
groups**

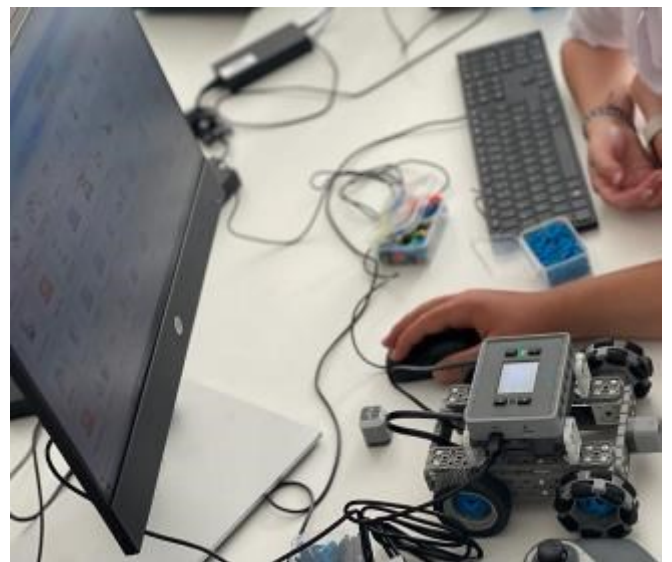
**Compulsory Choir
rehearsals every
Tuesday,
13:15-13:45,
PPS Hall**

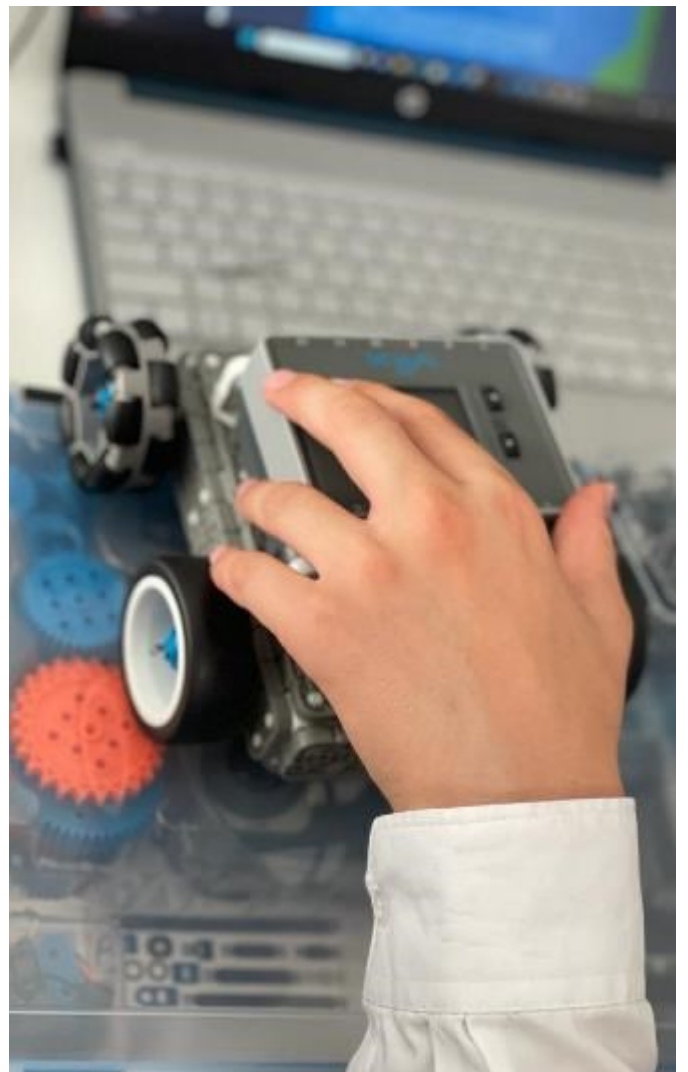
**See Mr Hill or Miss
Boyle for a letter**



Robotics Enrichment

For a fun enrichment opportunity this year, the Maths and Computer Science Faculty has started ROBOTICS!! Students worked on creating the VEX IQ BaseBot and started programming it using Block Coding. Next week, our 11 students will be testing their code in an obstacle course created by Miss McBain.

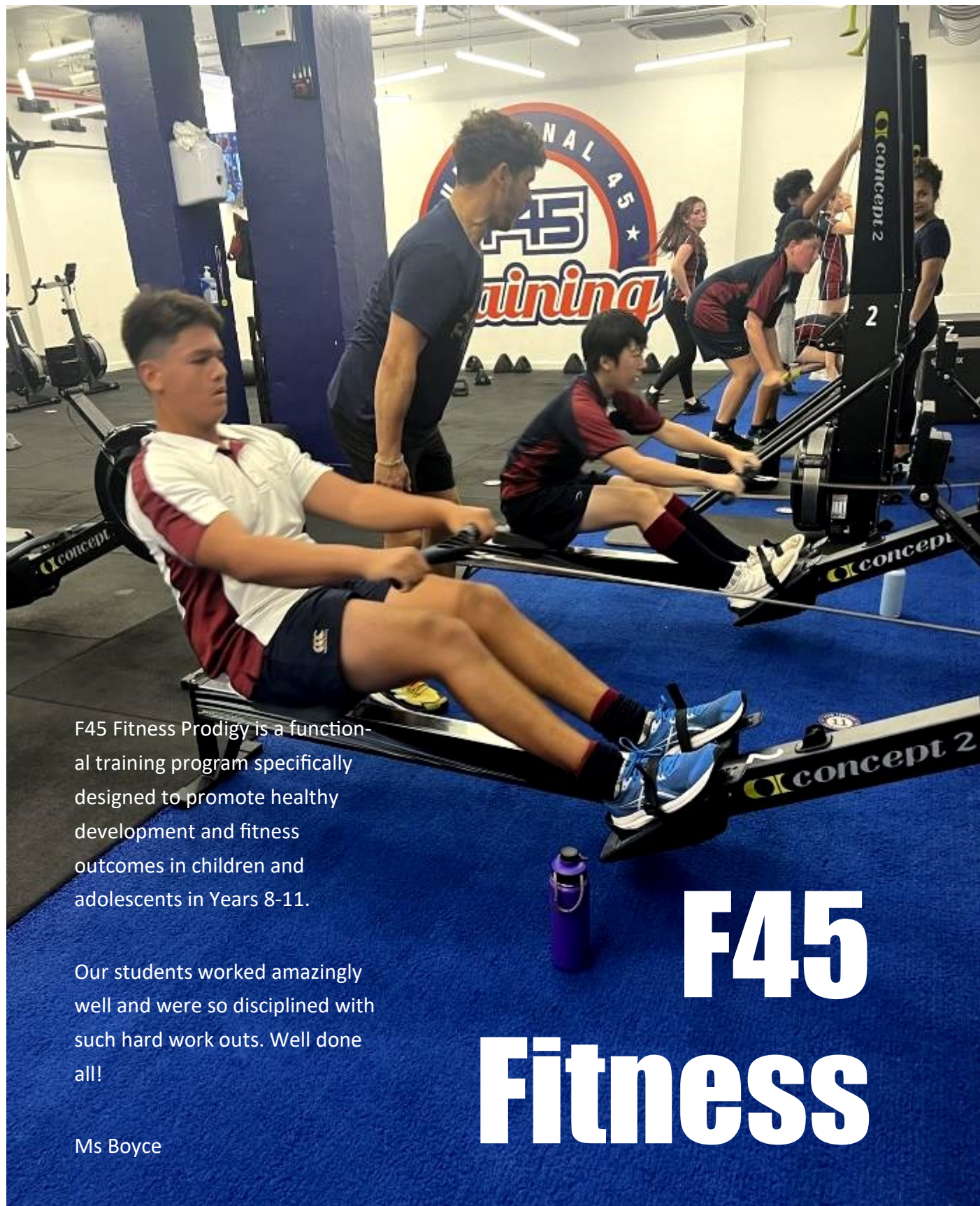






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News



F45 Fitness Prodigy is a functional training program specifically designed to promote healthy development and fitness outcomes in children and adolescents in Years 8-11.

Our students worked amazingly well and were so disciplined with such hard work outs. Well done all!

Ms Boyce

F45 Fitness



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VeloPark

This week, VeloPark was bathed in glorious late-summer sunshine and the only way to cool off was to set out on some relaxed laps of the course. With myself, Ms Silcocks and Mr Brittain present, however, this couldn't carry on for too long. In minutes, we had a peloton going with a strong paceline led by the ever-chilled Luke, who was so calm, he didn't even need handlebars any more. Or so he thought.

Then it was the turn of Zane, Damian and Ms Silcocks attempting a sneaky attack as

the line settled in (exactly how Pogacar attacked Vingegaard on the Tour, memorably, before the time trial wiped him out), which lead to a thrilling bunch sprint up the bridge on the final straight. Loads of friendly competition, team orders being shouted to and fro, and some careful pacing in evidence – as well as plenty of consideration for each other in terms of water breaks and rests – truly a 'spirit of cycling' session!



In addition to the many veteran riders starting this term, we also welcomed Tymur, Victor and Nico to the team – all three of which got stuck in immediately and showed great initiative in their first paceline.

Well done to all of our riders this session; it's mountain bike trails next week, in hopefully cooler conditions!

Mr Tasić



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Our PPS riders enjoyed their first session at Hyde Park this week, with ponies Wallace, Spencer and Indigo taking them on a lovely jaunt for the afternoon. We look forward to seeing them progress!

Mrs Wolfe Murray

Digital Drawing Enrichment Week 1



Above—Oba Hybrid School Year 9

Below—Avalon Hybrid School Year 9



Above—Bibi Year 9

Below—Lara Year 8



This week in Digital Drawing, students had a beginners course in using ProCreate on the large iPads.

They covered the basics; using layers, gradients, blending, playing with textures and different types of brushes.

We think the outcomes speak for themselves...



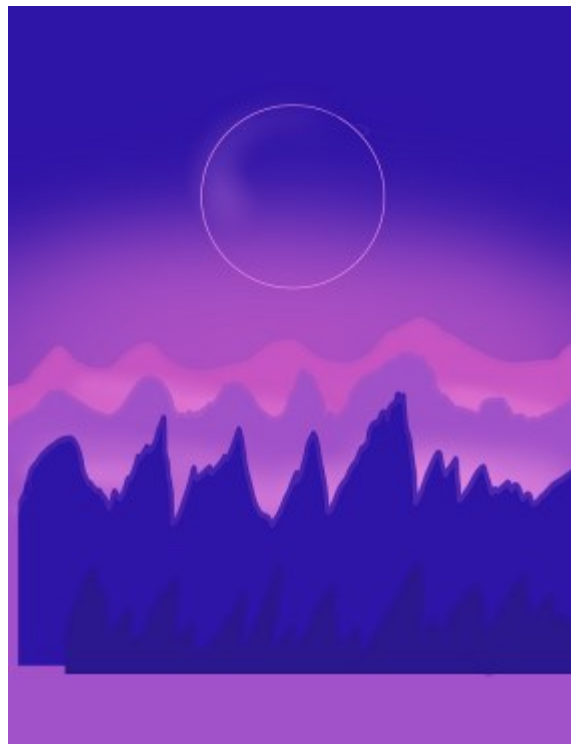
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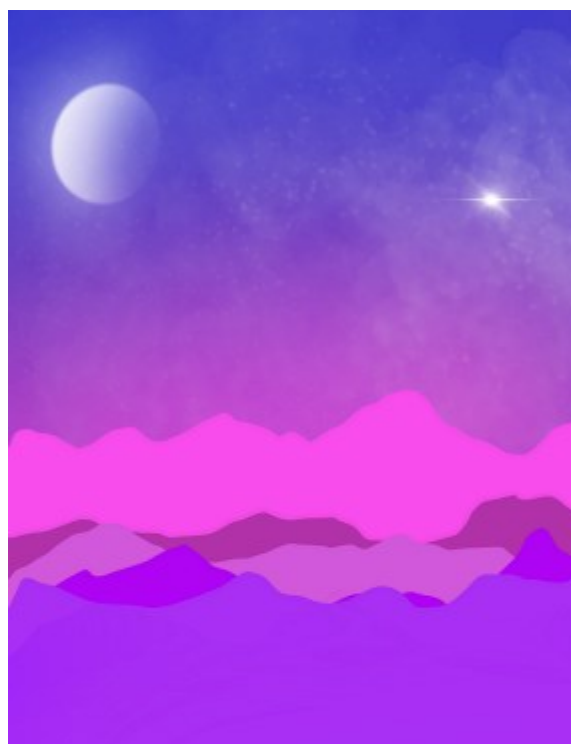
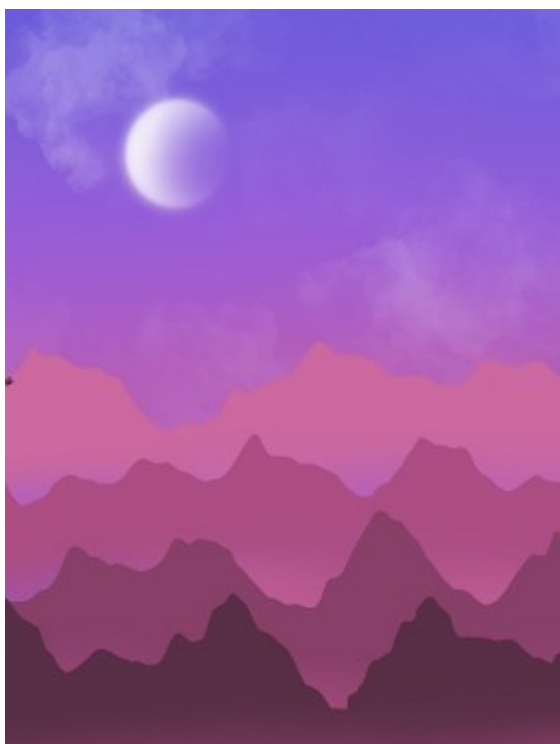
Above— Talia Year 7

Below— Eva Year 9



Above— Will Year 9

Below— Sonya Year 7



Procreate®

Digital Drawing with Ms Dever & Mr Huebsch



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News

Year 10
Triple
students
learning
about
conservation
of mass by
burning mag-
nesium in
air to form
magnesium
oxide.

Science



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Happiness & Positivity Assembly

This week all of the students at our school had the opportunity to explore the concepts of happiness and positivity during their first assembly of the year. They contributed with insightful ideas and thought about how we can stay positive, why it is important to be happy in school and outside of school and what support is available. I was really impressed with their creativity and mature comments. Well done, everyone!

Ms Florea



SEPTEMBER 2023

**HAPPINESS
AND
POSITIVITY**





What is the difference between
happiness
and
positivity?

WHAT IS THE DIFFERENCE BETWEEN HAPPINESS AND POSITIVITY?

- **Happiness** is a mood. No matter what wonderful things happen, the happy feelings will only last so long. Like any **emotion**, happiness is transitory.
- **Positivity**, on the other hand, is a way of seeing the world- a **mindset**. It's an attitude that you can embrace no matter how difficult the circumstances.

A POSITIVE ATTITUDE

Read the quotes below and discuss with your partner what they mean. Choose the one you like the best.

"Having a positive attitude is asking how something can be done, instead of saying it can't be done."

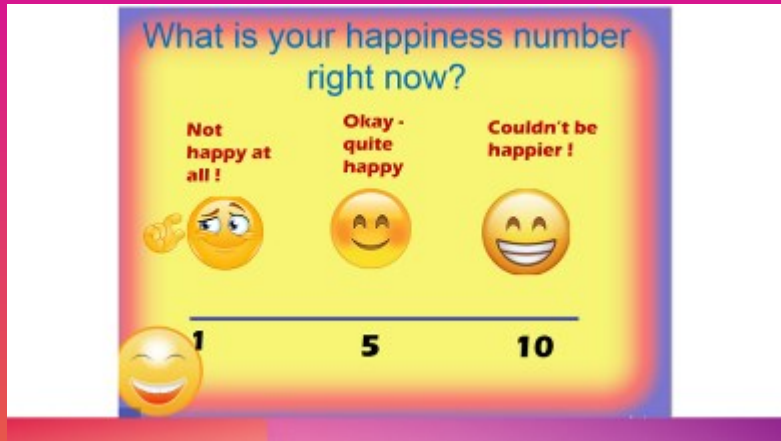
"A bad attitude is like a flat tyre; you can't go anywhere until you change it."

"Attitude is a little thing that can make a big difference."



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Why is happiness important?



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"Happiness gets results."

Mr. Bradbury, our Headmaster

Make positivity a choice!



THE WALL OF KINDNESS

Thank you, Neak, for helping Gleb navigate his way around the school. Mrs Florea

Mr Brittain and Mr Tasic for being so helpful to me this week.
Angelica M for being helpful in assisting her teachers with keyboards and headphones. Nathan for supporting Alexander during his first days at PPS. Michael W-A for being courteous in the corridors.
Ms Coates

Enzo, for being really kind and asking after Josh who wasn't feeling well. Ms Noyes

Vie (Hybrid Y8) wants to shout out Mr Horsley and Mr Tasic for being understanding during lessons.

Jamaal (Hybrid Y9) writes: I would like to nominate Mr Akhtar for being a kind teacher to all his students.


Nathan in Y8 for his kindness to his peers. He has been opening the doors to GPS and holding them for his year groups for any walkover this week. Gail



Museum Investigators

This week students went to the British Museum and were able to handle a prehistoric flint tool and followed an artefact treasure hunt throughout time! They also viewed a tiny sculpture made by a Syrian refugee as part of the collection the British Museum has built to celebrate and commemorate the impact of the Syrian uprising and the continuing contribution of refugees to culture and history in the UK.

Ms Lewis



Girls Football Fixture: PPS Vs Fairley House (Away)

Lily (C), Helena, Lucy, Beatrice, Rosie,
Millie, Esther, Bibi and Farida

On Thursday 7th of September, the Year 7 & 8 girls had a football match against Fairley House over at Archbishop's Park. The team got off to a flying start on the attack working well as a team to drive the ball up the field. It didn't take Fairley House long to warm up and counter attack. We had some great defensive play by **Bibi** who excelled at the back, clearing numerous balls back up the field. **Millie** was also a key player at the back in defence working to keep the ball out of our net. **Lucy** was in goal and also worked hard to keep the ball out of our net.

Sports report

On the attack, we had some superb play from **Rose, Beatrice, Helena** and **Lily** who worked tirelessly to score a goal but their goalkeeper was not having any of it. At half time, it remained nil, nil.

In the second half, the girls were determined to outwit their opponents and they were making strong runs into the oppositions goal line but were unsuccessful in their attempts. Once again, **Bibi** and **Esther** worked hard in defence to keep clearing the ball. **Farida** saved our bacon a few times despite many shots on target on our goal line.

Despite great efforts from all team members, the game ended in a nil, nil draw. Our captain, **Lily** was awarded the player of the match, a huge well done to her. I must give a shout out to **Bibi** also, who played out of her skin and was absolutely mighty throughout.

Well done to all those involved, Miss Boyce



U14 Football vs Fairley House

Portland's Year 9's got their season underway in a 9-a-side friendly against Fairley House over at Archbishop's Park's astroturf pitches. The Fairley House side was a mix of year groups, with a few older pupils which strengthened their squad. Despite this, Portland dominated the first half, with **Humphrey** dribbling the ball deep into their half on many occasions. He and **Spike** linked well with **Dexter** up top, but PPS were unable to get enough shots on target and found it difficult to find space and time to get their goal attempts away. At the back, we looked secure, with **Nate** looking assured at centre back; moving forward regularly to cut out FH's attacks.

The second half was very different and FH came out with renewed purpose and looked determined to assert themselves. They completely turned the tables on the away side and began to dominate possession just as PPS had done in the first half. Goalkeeper, **Harrison**, was fouled dealing with a high catch and perhaps had one eye on the attacker as he unfortunately spilled a similar ball, allowing FH to take the lead. PPS battled gamely but just didn't have the space they wanted to play their normal game and came away from the match frustrated.

Portland should be pleased with many aspects of their play. They showed a willingness to pass the ball quickly and had some good movement off the ball. Several players already look sharp, which bodes well for the rest of the season.



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Sports report



Sports Kit

The PE kit details can be found on the school website and on Firefly, in the PE department section. Pupils who are still awaiting their kit delivery should wear appropriate sportswear of their own.

Correct footwear is especially important, and we highly recommend that pupils bring football boots to school every day. We are outside at Regent's Park for most of our lessons and studded boots, which are essential for football and rugby, offer better grip and therefore performance in nearly all our activities.

Your child's half termly PE timetable can be found on Firefly under their year group page in the PE department section.





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Sports report

FENCING CLUB

**Wednesdays 4-5.00pm,
Rm11 in Portland Place Main Building**

Open to boys and girls of all years!

Beginners welcome!

**If you'd like to sign up, speak to a
member of the PE Team**

GIRLS BASKETBALL CLUB

THURSDAYS 3.50-5.15PM

CHURCH STREET LEISURE CENTRE

BUS TRANSPORT THERE AND BACK

IF YOU WANT TO SIGN UP, PLEASE SPEAK TO A MEMBER OF THE PE TEAM

SIGN-UP TO COMBAT KARATE AT PORTLAND PLACE SCHOOL

'Combat Karate' is a specially designed syllabus to encompass the best of traditional and modern martial arts into a system that can be used for competition and self-defense.

As students progress through the grades they add more techniques to their repertoire while learning the code of martial arts; Respect, Honour and Integrity. The aim is to be strong in mind and body.

**Monday @ 16:00 - 17:00
Year 7-9**

Contact@inspionsports.com



INSPION
SPORTS

SPORTS CLUBS

PPS FOOTBALL CLUB

When? Mondays 4-5pm

Where? Regents Park

**Come down to football club to
improve your skills, tactical
awareness and understanding of
the game!**

**Speak to the PE dpt
to sign up!**

NETBALL CLUB

**EVERY MONDAY 3.50pm - 5.15pm
(5 week block)**

First session - 11th September

**SIGN UP TODAY BY
RETURNING YOUR
PERMISSION SLIP
ALL AGES WELCOME**

**Regent's Park Tennis Club
Transport provided
Dismissed from PPS
mainbuilding at 5.15pm
Please see Miss Boyce or
Mrs Hare for more info**



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Sports report

NEXT WEEK'S CLUBS & FIXTURES

Mon 18 th Sept:	Year 7 football vs Thames Christian College, 2.00pm, away (Falcon Park) Year 7&8 netball vs Thames Christian College, 2.00pm, home Football club, Regent's Park, 3.50-5.15pm Netball club, Regent's Park Tennis Club, 3.50-5.15pm Karate Club, PPS Hall, 4.00-5.00pm
Tue 19 th Sept:	Table Tennis Club, PPS Hall, 1.10-1.45pm Y10 football vs Thames Christian College, away (Falcon Park), 2.00pm
Wed 20 th Sept:	GCSE PE Revision Club, 1.10pm – 1.45pm, G21 Year 10/11 football vs North Bridge House Canonbury, 2.00pm, home Year 7&8 table tennis vs North Bridge House Canonbury, 4.00pm, away Fencing club, PPS hall, 4.00pm-5.00pm
Thu 21 st Sept:	Y9 football vs Thames Christian College, 2.00pm, away (Falcon Park) Running Club, Regent's Park, 12.50-1.30pm Weight Training Club, PPS changing rooms, 12.50-1.30pm
Fri 22 nd Sept:	-

Enrichment — First Half of Autumn Term 2023

Activity	Staff	Room
Climbing	AZE & LVW	Offsite. Meet Room 1 at 1.30pm
Digital Drawing	LDE & CHU	Art Studio 1
F45 Fitness	CBY & EKA	Offsite—meet outside PP at 1.50pm
Fencing	PZA & JVA	Change in PE at 1.50pm then R11
Glee Club	CBO & AJU	Room1
Horse Riding	AIS	Offsite—meet PE changing rooms at 1.20pm
Museum Investigators	PLE	Room 10
Netball	HHA	Offsite—meet PE corridor at 1.50pm
Polymer Clay	CFL & FSY	Room 35
Robotics	MMC & TTO	Room 33
Senior Football	SRI, JKU & LST	Offsite—meet PE corridor at 1.50pm
Strive & FPQ	SSA	Room 22
Table Tennis	RAL	PP Hall
Table Top Gaming	DBL	LAB1
Ultimate Frisbee	JWH & RLE	Offsite—meet outside PP at 1.50pm
Velo Park	TTC, HIS & WBR	Offsite –meet outside GPS at 1pm

Clubs for Autumn Term 2023

Day	Time	Activity	Staff	Location	Year Groups
Monday	12:50-13:15	Y11 Chemistry Revision	HSI	Science Lab 2	11
Monday	12:50-13:45	String Ensemble	R H'white	R1	All
Monday	12:50-13:45	Russian Club	PZA	B3	All
Monday	12:50-13:45	Italian Club	TLA	R23	All
Monday	12:50-13:45	Rock Band	DMC	R2	All
Monday	12:50-13:45	Mandarin	TLA	G34	All *
Monday	13:20-13:45	Board Games	DFL & ECO	R11	6 – 9
Monday	16:00-17:00	Karate Club	PE	PP Hall	All
Monday	16:00-17:15	Football Club	PE	Regents Park	All
Monday	16:00-17:15	Netball Club	PE	Regents Park	All
Tuesday	12:50-13:50	GCSE Art Club (Hybrid only)	LDE	Art Studio 1	HS 10 & 11
Tuesday	12:50-13:15	Y11 Biology Revision	RLE	Science Lab 2	11
Tuesday	12:50-13:45	Spanish Club	CFL	G34	All
Tuesday	13:10-13:45	Table Tennis Club	PE	PP Hall	All
Tuesday	13:15-13:45	PPS Choir	SHI & CBO	R1	All
Tuesday	15:45-16:45	French Club	TLA & CFL	R36	All
Tuesday	16:00-17:00	Macbeth Rehearsals	RAL & AJU	Drama Studio	Invite only
Tuesday	16:00-17:00	Design Club	MJO & JVA	B1	All
Wednesday	12:50-13:30	Y7 Haunted House Rehearsals	RAL	Drama Studio	7
Wednesday	12:50-13:45	Music Theory Club	ZBO	R42	All
Wednesday	12:50-13:50	GCSE Drama Club	AJU	Drama Studio	10 & 11
Wednesday	12:50-13:45	Percussion Ensemble	J Morrison	R2	All
Wednesday	13:10-13:45	GCSE PE Revision Club	PE	GPS tbc	10 & 11
Wednesday	16:00-17:00	Fencing Club	External Coach	PP Hall	Sign up with PE

Clubs for Autumn Term 2023

Day	Time	Activity	Staff	Location	Year Groups
Thursday	12:50-13:45	Woodwind Ensemble	S Sarvamaa	R1	All
Thursday	12:50-13:40	Weight Training Club	PE	Changing Rooms	All
Thursday	12:50-13:40	Running Club	PE	Regents Park	All
Thursday	12:50-13:15	Y10 Science Revision (Combined & Triple)	FKH	Science Lab 2	10
Thursday	12:50-13:50	GCSE Art Club	TMO	Art Studio 1	10 & 11
Thursday	12:50-13:45	Digital Hub	SEN Dept	R33	All
Thursday	12:50-13:15	Y11 Physics Revision	WBR	Science Lab 3	11
Thursday	16:00-17:00	PPS Chamber Choir	CBO	R1	All by audition
Thursday	16:00-17:00	Design Club	MJO & JVA	B1	All
Thursday	16:00-17:15	Girls Basketball Club	PE	Church St Sport Centre	All
Thursday	16:00-17:00	Art Club	TMO & LDE	Art 1 & 2	Invite only **
Friday	08:30-09:00	LGBT+ Club	TLA	R23	All
Friday	12:50-13:45	Brass Ensemble	W Brown	R2	All
Friday	12:50-13:45	Japanese	TLA	G34	All*
Friday	12:50-13:30	Y10 Science Revision (Combined & Triple)	DBL	Science Lab 1	10

** Art Scholarship holders must attend

Autumn Term 2023

Staff Inset: Thurs 31 August (closed to students)
 New Students: Fri 1 September
 Term Starts: Mon 4 September (all other students)
 Half Term: Mon 16 October—Friday 27 October
 End of Term: Fri 15 December

Christmas Holiday: Mon 18 December—Fri 5 January 2024

Portland Place School
 56-58 Portland Place
 London W1B 1NJ
 Tel: 020 7307 8700

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 143-149 Great Portland St
 London W1W 6QN

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