

The Weekly Buzz

19 June 2023





Portland
Place
School

Noticeboard

Lunch Menu

The FUTURE of
FOOD

WEEK COMMENCING: 19th June 2023

MONDAY

18th June Father's Day

Bavette beef with tarragon & mushroom sauce
Baked eggs with spinach, ricotta & basil

Parmentier potatoes, kale & sweetcorn

Father's Day cupcake

TUESDAY

Apple & honey loin of pork
Sweet & sticky tofu filo tarts

Coconut rice with pineapple

Peppers, 3-bean medley & carrot batons

Oat & raisin cookies

WEDNESDAY

Grilled beef burger with caramelised onions

Quorn burger caramelised onions

Zucchini chips, potato wedges, tomato
& burger bun

Banoffee pie

THURSDAY

Sweet potato & beef curry
Marrakesh vegetable curry

Brown rice
Roasted vegetable medley, courgettes
& cauliflower

Lemon drizzle cake

FRIDAY

Pizza topped with ham & chicken
Pizza topped with cheese & veg

Oven baked chips, steamed peas & baked beans

Apple crumble with custard

EVERYDAY

Seasonal Soup of the day with
Home baked bread

Seasonal salads, tomato, cucumber, mixed leaf,
coleslaw & grated cheese

Yoghurt pots with
seasonal fruit

MENU IS SUBJECT TO CHANGE SHOULD INGREDIENTS BE UNAVAILABLE

Gluten-free options available each day



Portland
Place
School

Noticeboard

DATE FOR THE DIARY

More details to
follow

Summer Concert - Thur 22 June
RADA Studios

Sports Day- Fri 23 June
Perivale

Celebration Day & Upper
School Art & Design Exhibition
Thurs 29 June
Regent Hall & GPS

Carol Service - Tues 5 Dec
St Marylebone Church

Christmas Concert - Mon 11 Dec
Regent Hall



Portland
Place
School

Noticeboard



HAPPY

**FATHER'S
DAY**

SUNDAY 18TH JUNE

HAPPY



Portland
Place
School

Noticeboard

PORTLAND PLACE SCHOOL

Music Department

presents

Summer Concert 2023

Thursday 22nd June

6.30pm

RADA Studios



Portland
Place
School

Noticeboard

END OF YEAR MATHS EXAMS

JUNE 2023



YEAR 7

PAPER 1

THURSDAY JUNE 15
PERIOD 5

PAPER 2

MONDAY JUNE 19
PERIOD 3

YEAR 8

PAPER 1

FRIDAY JUNE 16
PERIOD 6

PAPER 2

MONDAY JUNE 19
PERIOD 2

YEAR 9

PAPER 1

THURSDAY JUNE 15
PERIOD 6

PAPER 2

MONDAY JUNE 19
PERIOD 1

YEAR 10

PAPER 1(NON-CALC.)

FRIDAY JUNE 9
1:30PM

PAPER 2(CALC.)

TUESDAY JUNE 13
9AM



Portland
Place
School

Noticeboard

***TO OUR EXAM
STUDENTS...***

**GOOD LUCK
WITH YOUR
GCSES!**





Portland
Place
School

Noticeboard



Sports Day 2023

Friday 23rd June

10.00am—3.00pm

**Perivale Athletics Track
UB6 8TJ**



All parents are very welcome!



Portland
Place
School

Noticeboard

PPS PARENT NETWORK

SPORTS DAY BAKE SALE

FRIDAY 23RD JUNE / PERIVALE

***CHARITY FUNDRAISER – ALL PROCEEDS TO UNICEF AND THE
CHILD BURNS TRUST. PAYMENTS CASH ONLY!***



***PLEASE BRING NUT-FREE TREATS ON THE DAY, INCLUDING CAKES,
CUPCAKES, FRUIT DRINKS ETC, AND ALL DONATIONS WILL BE GREATLY
APPRECIATED. PLEASE CONTACT YOUR YEAR REP IF YOU HAVE ANY
QUESTIONS. WE HOPE TO SEE YOU THERE!***





Portland
Place
School

Noticeboard



VACCINATIONS AT PPS

AUTUMN TERM 2023/4

- **NASAL FLU - YEARS 6-11**
- **HPV - YEAR 8**
- **TEENAGE BOOSTER - YEAR 9**

DETAILS TO FOLLOW NEXT TERM



Portland
Place
School

Noticeboard

Portland Place School

CELEBRATION DAY

Thursday 29 June

Awards & Performances

1.45pm-3.30pm, Regent Hall, 275 Oxford Street, W1C 2DJ

Upper School Art & Design Exhibition

3.45pm-5.00pm, PPS, 4th/5th Floors,
143-149 Great Portland Street, W1W 6QN



Portland
Place
School

Noticeboard

PPS Parents Network

Second Hand School Uniform Sale

Thursday 29th June after
Celebration Day awards!
Drama studio on level 5 (GPS)
3.45 – 5.00pm.

All proceeds will be donated
to UNICEF and The Child Burns
Trust.

Please bring all donations to
PPS or GPS reception from
Monday 19th- Friday 23rd June.

Please donate only good
quality official (new logo)
uniform please!





Portland
Place
School

Noticeboard

Growth Mindset

Dear Parents & Guardians,

This week I would like to share with you a great poster about overcoming procrastination produced by Inner-Drive, a mindset coaching company that we have collaborated with.

Thank you for your ongoing support.

Ms Florea

7 Ways to Overcome Procrastination

by @inner_drive | www.innerdrive.co.uk

- 1 Do the Task for Just a few Minutes**
Use the Zierganick effect – once you start something your brain remains alert until you finish it.
- 2 Do the Hard Tasks First**
Doing the hard tasks while your brain is still fresh means you are less likely to give up on them or procrastinate.
- 3 Believe in Your Ability**
You can do it, just implement the skills and strategies you have learnt to self-regulate.
- 4 Manage your environment**
Control it don't let it control you. Get rid of distractions especially that lovely beguiling phone of yours.
- 5 Set yourself Short Deadlines**
Impending deadlines get you going. So go ahead set yourself short deadlines.
- 6 Model Success**
Who do you know that has done this task well? What did they do? Copy what they did.
- 7 Make the Task Harder**
Sounds counterintuitive but it can make the task more interesting.





Portland
Place
School

Noticeboard



Young Photographer Competition

Calling all photographers aged 25 & under - enter our Young Photographer Competition!

The theme is Wild London, to be interpreted as you see fit. The winner of this category will have their photo printed, framed, and featured in our photographic exhibition.

It's free to enter, so send us your best digital photograph by 25 June!

Rules & Entry

Lauderdale
House

Lauderdale House Wawterlow Park, Highgate Hill N6 2QN





Portland
Place
School

Noticeboard

Before the Easter Break we ran a set of assemblies on
Healthy Eating.

Students participated in discussions, group work and a quiz.

Please have a look at some **facts** about Healthy Eating
and see our winners!

Miss Coates



The percentage of children with obesity in their first year of school has **risen** by nearly 50% in one year

TRUE



More sustainable plant-based alternatives are approximately 60% cheaper than dairy milk

FALSE



More than 1 in 8 (13%) places to buy food are fast-food outlets

FALSE



Only 7% of breakfast cereals and 4% of yogurts marketed to children are low in sugar.

TRUE



If things continue as they are, by 2050 emissions from the food system will be four times higher than the level that is needed if the UK is to meet its **net zero** target.

TRUE



Approximately a third (32%) of food and soft drink advertising spend goes towards less healthy food and drink, compared to just 1% for fruit and vegetables.

TRUE

INFLAMMATION FOODS



Fried foods



Sodas



Refined carbs



Lard



Processed meats



Portland
Place
School

Noticeboard

Competition- QUIZ

1. Why Japanese diet is best? (2 answers)

- ☒ A) uses raw vegetables+ fruit
- ☒ B) uses seafood
- ☐ C) used processed meat (cold meats)
- ☐ D) uses deep fried food

2. Which country does this proverb comes from "Eat raw before all, grill second, boil last of all" (1 answer)

- ☐ A) France
- ☐ B) US
- ☐ C) Italy
- ☒ D) Japan

3. Which foods are inflammatory? (2 answers)

- ☐ A) Fruit and veg
- ☒ B) deep-fried food
- ☐ C) all fats
- ☒ D) sugar

4. Which foods are healthiest? (2 answers)

- ☐ A) omega 6 fats
- ☒ B) fish and seafood
- ☒ C) fibre foods (vegetables, pulses)
- ☐ D) red meat

5. What CAN help to prevent a disease in a body (2 answers):

- ☒ A) Having enough relax and sleep
- ☐ B) Living in a polluted city
- ☒ C) Having organic, balanced diet + enough water
- ☐ D) Worrying too much about it



"FREE FROM" BANANA BREAD

Ingredients

- 5 ripe bananas
- 150 g gluten free self raising flour (I use Doves Farm)
- 100 ml unsweetened plant-milk
- 3 tbsp maple syrup
- 1 tsp baking powder
- 1 tsp cinnamon
- 100 g pecans or vegan chocolate, crushed (optional (could swap for walnuts))

Instructions

1. Pre-heat your oven to 200C / 390F
2. In a large mixing bowl add 4 ripe bananas and mash with a fork
3. Now add the flour, milk, maple syrup, cinnamon and baking powder and mix
4. Add around 3/4 of the crushed pecans and mix again
5. Pour the mix into a lined bread baking tin. I use a small/short tin as normal can be too long which impacts how high it will rise. (I grease the baking paper with coconut oil just to help the non stick). Slice a banana down the middle and push into the mix and top with leftover pecans
6. Place in the oven at 200C / 390F for 35-40 minutes
7. IMPORTANT: Allow it to cool for 15-20 before slicing this helps it to firm up.



1st Prize went to:

Leyla in KS3
and **Ella** in KS4

The remaining Prizes went to:

Angelica, Haofeng and Paula in KS3

and **Jones + Teddy** in KS4





Portland
Place
School

Noticeboard

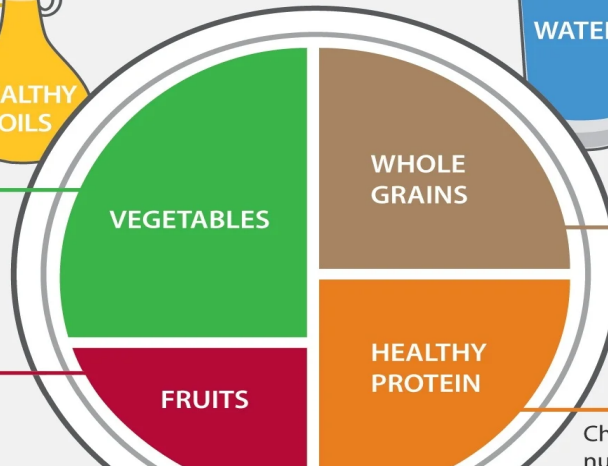
HEALTHY EATING PLATE

Use healthy oils (like olive and canola oil) for cooking, on salad, and at the table. Limit butter. Avoid trans fat.



The more veggies – and the greater the variety – the better. Potatoes and French fries don't count.

Eat plenty of fruits of all colors.



Drink water, tea, or coffee (with little or no sugar). Limit milk/dairy (1-2 servings/day) and juice (1 small glass/day). Avoid sugary drinks.

Eat a variety of whole grains (like whole-wheat bread, whole-grain pasta, and brown rice). Limit refined grains (like white rice and white bread).

Choose fish, poultry, beans, and nuts; limit red meat and cheese; avoid bacon, cold cuts, and other processed meats.



STAY ACTIVE!

© Harvard University

Each burger contains:

ENERGY	FAT	SATURATES	SUGARS	SALT
924KJ 220kcal 11%	13g MED 19%	5.9g HIGH 30%	0.8g LOW <1%	0.7g MED 12%

% of an adults reference intake.
Typical values per 100g: Energy 966kJ/ 230kcal

Eat less red meat

Drink more water

Buy fresh and seasonal foods

Buy in fabric, store in glass or ceramics

Watch food labels: buy green

Eat anti-inflammatory and antioxidant-foods

Buy organic food

Eat mindfully

You should eat mostly carbs (grains, bread, pasta) than any other type of food

All fats in foods are unhealthy

In 2022 there were 50% more obese children entering the school than the year before

If someone in my family has disease you can pass it on to your children and prevent getting it with a good diet



**ROYAL
ECONOMIC
SOCIETY**



Irene PP left us last summer for South Hampstead High School for her Sixth Form. This year she has won the Royal Economic Society national competition with a proposal to use AI gathering real time data calculating the Consumer Price Index.

Fantastic news!





ISA MAXWELL PRIZE FOR YEAR 6 PUPILS

I am proud to announce that **Jacob in Year 6** has been nominated for the **ISA Maxwell Prize 2023** for his achievements in extra-curricular Sports, Music and Drama. He has been an outstanding member of the Portland Place Community and I want to congratulate him on all of his hard work this year.

Jacob will have his name published in the Roll of Honour on the ISA Website and receive a certificate in recognition for all of his hard work to the school community.

The Maxwell Prize celebrates the achievements of Year 6 children in education at the schools of ISA Members. The prize is non-academic and rewards a holistic approach to school and community life. The winning pupil will receive a book token, glass trophy and certificate, which will be presented by ISA President, Lord Lexden, at the House of Lords. The judges may also choose to award certificates to runner-up and highly commended entries. The prize is named after Stanley Maxwell, who was Chair of ISA between 1909 and 1939, and was a driving force behind the association.

Well done, Jacob!

Mrs Judd - Head of Year 6 & 7





Portland
Place
School

News

The Wave





Portland
Place
School

News

Surf Trip





On Friday 9th June a group of PPS pupils made their way to the 'The Wave' in Bristol for a surfing experience!

The Wave is one of the best artificial surf lakes in the world with a number of top surfers using the facility for training and pupils were very excited they had the opportunity to have a surf lesson and try and catch some waves.

The weather was glorious, conditions could not have been better for surfing and a couple of pupils were saying it felt like being on a real beach somewhere in Portugal! After a briefing from our brilliant surfing instructors pupils hit the water and it wasn't long before a large number of pupils were up on their feet, riding waves the length of the pool. It was quite amazing how quickly pupils picked up the required techniques (surfing is not easy) and the instructors were full of praise for our PPS surfers.

Pupils thoroughly enjoyed their surfing experience and a number of pupils are very much looking to using their new skills on their summer holidays!





Portland
Place
School

News





Portland
Place
School

News

VeloPark Road Circuit Update



This week was the last of two sessions on the Road Circuit for the VeloPark Enrichment Cycling Team – in the glorious sunshine, with heat haze shimmering on the back straight, the group did brilliantly well and finished very strongly with a pair of team grupetto sessions as well as an individual time trial to finish.

Instructor Jason, Ms Silcocks, Mr Brittain and I also took part – more on that in a minute – but above all, we were very impressed with the quality of the riding on show. The group of Year 6-8 students were exceptionally communicative and collaborated brilliantly in staying together around the circuit for several laps; not easy with a couple of sharp little hills and a breeze on the stretch by the Velodrome.

Koby, Reggie and Joel took themselves off for a few laps too, and made some excellent time, sharing intervals at the front of about 30 seconds to divide the wind and draft one another at a very respectable pace. Well done to Koby in that group for showing excellent initiative as road captain, holding Joel and Reggie's energy reserves in check as they set a furious pace. An extra shout out goes to Maya Lachheb, who got paced into faster group and held her own very courageously for a few laps in their draft!



The individual time trial took place in gaps of 15 seconds and a very high pace was set early on; last up was Joel just ahead of me, and he did very well to stave off an early attack before finally being caught at the last sequence of turns, over a kilometre into the track.

Photos are from the previous session, but this week's results are below:

Placing	Rider	Lap Time (1,600m)
13	Obajuwon	4:40
12	Dante	4:17
11	Mark	4:08
10	Neak	3:52
9	Noah	3:38
8	Maya	3:26
7	Freddie	3:18
6	Ms Silcocks	3:15
5	Koby	3:13
4	Reggie	3:03
3	Joel	2:59
2	Mr Brittain	2:46
1	Mr Tasić	2:36



Next week, the group will be taking to the mountain bike trails, which is going to be pretty exciting given how much the plants in the area have exploded in the last few weeks!

Mr Tasić

News



Eric Y11



Parasitic fungus
Sept 1891



News



THE WALL OF KINDNESS

Thank you to the science staff for taking us to Kew Gardens. It was such a lovely day! From Hybrid Y8.

Many thanks to Jazz for being so friendly and polite to a taster day student—Ms Baig.

To Ms Zalesny, Ms Florea and Ms Coates for supporting our more vulnerable students through their GCSEs and to Ms Kavanagh and Mr Huebsch for invigorating exams with nothing but smiles on their faces! Thank you so much - Ms O'Donnell, Exams Manager

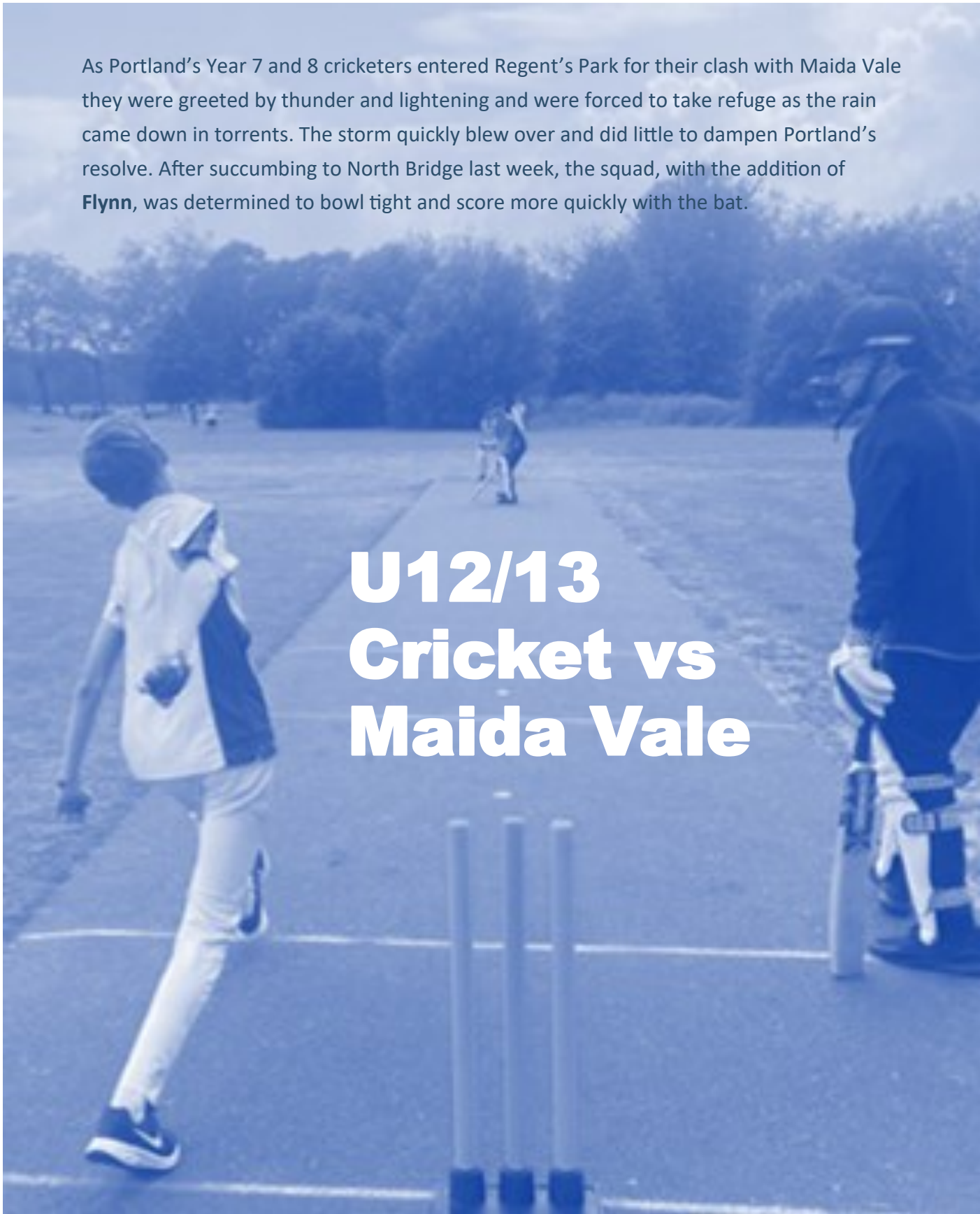
Thank you to Jay for cultivating fruit from our school garden. Strawberries today!

Thank you Taishi for being so well mannered and appreciative towards members of staff— Ms Wild



Sports report

As Portland's Year 7 and 8 cricketers entered Regent's Park for their clash with Maida Vale they were greeted by thunder and lightning and were forced to take refuge as the rain came down in torrents. The storm quickly blew over and did little to dampen Portland's resolve. After succumbing to North Bridge last week, the squad, with the addition of **Flynn**, was determined to bowl tight and score more quickly with the bat.



U12/13 Cricket vs Maida Vale



Sports report

Maida Vale batted first but were unable to make much of Portland's attack. Each player bowled a single over in the 11 over innings and after **Zane's** maiden, MV were just 1/0 after two overs.

Spike stepped up and produced a stunning double wicket maiden immediately after, clean bowling both his victims. His brother **Dexter** was also keen to get in on the action and took a wicket on the final ball of his over to leave Maida Vale 7/3 from 5 overs.

The batting side began to pick up their pace of scoring but were pegged back when **Tyler** bowled their number 5 with his first delivery. In the 10th over, Humphrey Boland took Portland's 5th and final wicket as he bowled out MV's number 8 for a golden duck. Captain **Henry** completed the final over with no extra runs conceded to leave PPS needing 40 runs from 11 overs to win the match.

Openers Spike and Henry looked assured at the crease and took things carefully in the first over, before Henry hit his stride in the second and quickly got himself into double figures. In the knowledge he would be retired at the end of the over he was caught out from a drive, bringing **Harrison** to the crease. Harrison made 10 from just 5 balls and was then retired to let as many of Portland's batters get a chance before they made the total required. **Joe** made an unbeaten 6, Tyler bagged 3, Spike 2, Dexter 1 after being run out with an excellent direct hit to his stumps, leaving Zane and **Taishi** to see out the victory, scoring 1 and 3 respectively and carrying their bats.


This was a comfortable win for PPS. They achieved their objectives with more control in their bowling and less playing and missing when batting. Running between the wickets was very positive, with each player looking to steal a single.

Well done to all that played!





Sports report



London Schools Year 7&8 Inter Borough Championships

This event is held each year at Mile End and provides pupils in Year 7&8 the opportunity to contest their events at the London Schools in their age group. English School's age groups begin at U15, meaning Year 8's must compete against year 9's and Year 7's must wait another year or two. Needless to say, this is top quality event, with all competitors having either won or finished second at their respective borough championship.

Sports report

Portland took four athletes along on what was a hot and breezy day. First up was **Humphrey** in the Y8 800m. Looking to break the 2:30 barrier, Humphrey hit the bell in 74 seconds, leaving himself a bit too much to do, but he stuck to his task well and finished in a personal best time of 2:33.3 which placed him 9th.

In the Y8 high jump, **Spike** looked to be going out at 1.30m, after clearing 1.25, but failed the new height twice. On his final attempt he showed great competitiveness to pull off the clearance and took three attempts at 1.35, which proved too much for him. Later in the day Spike also ran the 1500m, where he was looking to break 5:40. In what was a very fast race, Spike ran the 300m far too quickly for his fitness levels and paid the price. He worked through his fatigue admirably and finished in 5:45.5, which is a good time for him, but just outside his best.

Roman, though only in Year 6, took on the Year 7's in the long jump. Struggling with his run up in the opening round he recovered well to record jumps of 3.75 and 3.79m. Having gone beyond 4m in lessons, he was somewhat disappointed, but must remember that competition conditions are much tougher, and his effort was very respectable. He will come back next year as a Year 7 and doubtless improve on his result.

Year 8's **Eddie** contested both the shot and discus, but where he performed better in the discus at the Westminster champs, it was in the shot put that he placed highest this time around. In an exciting competition Eddie trailed the leader throughout the opening four rounds but took the lead in the 5th with a personal best of 10.12m. His opponent then re-took pole position to leave Eddie as runner-up – a fantastic result against the best athletes London has to offer! In the discus, Eddie placed 5th and was frustrated with his failure to really connect with any of his throws. Congratulations on your silver medal Eddie!



U12 Cricket vs North Bridge House Hampstead

NBH 82 for 6 / PPS 67 for 9



On Tuesday 13th June PPS u12 boys took on North Bridge Hampstead in a highly competitive game of cricket. PPS won the toss and opted to field first and the boys looked sharp in the field in the early overs. Captain **Joe** and **Zane** both bowled really well, showing good pace and accuracy. North Bridge's opening batter was an excellent cricket player who clearly plays at a high standard, but the boys fast paced bowling and organised fielding prevented him from scoring too many and setting PPS an impossible target to hit. About half-way through North Bridge's innings PPS took a few wickets in quick succession, with Joe and Zane both finding success. However, North Bridge's best batsman remained, and PPS needed to try and get him out. Joe managed to do this with only 3 bowls remaining in his last over, delivering an outstanding bowl that smashed the leg stump! This increased PPS's confidence and North Bridge's run rate per over started to decrease.



Sports report

Wicket keeper **Nico** swapped out of position and bowled a couple of overs towards the end of the innings and also took a wicket with a brilliant ball. By the end of the innings North Bridge had scored 82 for 6, a high target for PPS to reach, but not unachievable.

PPS stepped up to bat and unfortunately North Bridge's strong batter was also a very talented bowler. He took 2 early wickets in the first two overs – not a good start for PPS. However, the boys started to settle and found a number of single runs. Zane and **Ted** both played some nice shots and started to find a bit of momentum but unfortunately a great bowl forced Zane into an LBW call. Joe stepped up to bat and immediately hit an excellent shot that nearly hit the boundary. At the half-way point it seemed the target was just too high for PPS to reach. The boys weren't quite finding gaps in the field and North Bridge took another couple of wickets. However, Joe remained and in the latter overs started to find the boundary to give PPS a fighting chance. With 3 overs remaining he hit three 4's in a row and all of a sudden PPS were on 66 with two and a half overs remaining. However, two bowls later and key batter Joe was unfortunately run out after his batting partner didn't commit to the run. This was a killer blow to PPS and in the remaining overs PPS took more wickets and only scored one run. PPS recorded 67 for 9.

This was a great effort from our u12 boys against a strong North Bridge team with one particularly excellent player. PPS knew they need to be a bit more alert in the field as North Bridge scored a few 4's that should not have crossed the boundary, they also need to practice their batting against fast paced bowlers. However, there were many positives, the boys communicated well when batting and fielding, they showed a great competitive attitude and did not give up and some of the bowling on show was outstanding. **Nico** had a good game in the field, he took one wicket and did a great job as wicket keeper. **Zane** had a positive all-round game, he took a wicket with a pacey ball and scored some good runs off some challenging bowling. Player of the match must go to captain **Joe** who really led by example in this match. He took 3 wickets, stayed positive with his teammates throughout and batted very well indeed, coming extremely close to almost single-handedly bringing PPS towards victory at the death!

Heartbreak for Battling U12's

It was not meant to be for the Portland Place U12's rounders team who fell short to a good North Bridge House team 5 to 2 1/2 on a sweltering day at Regent's Park.

The sun was beaming down and with the U12's playing across the field, it was a great fixture for the students to take on. After losing the Rock, Paper, Scissors competition **Lily** led the team with fantastic confidence. With mates **Lucy** and **Helena**, lending their support it was a fantastic start from the squad. Year 6 **Rosie** gave a brilliant performance with her bowling, causing a number of issues to the NBH batters who found it difficult to get any points on the board at the beginning of the innings. The PPS students kept focus, running out the North Bridge attacks or stopping them from getting to 2nd and getting half a rounder. With Lily commanding her troops in the outfield, the PPS students were unlucky to have let in 2 and a half rounder's later in the innings.

It was a slow start with the batting from Portland, with **Esther** leading the pack. Hitting the first of the balls, she was only able to hit a run to first. This seemed to be story of the first innings from the Portland Place who were able to gain the hits but not far enough to gain any half or full rounders. This was until **Sara** came to the crease. With one strong swing of the bat, Sara smashed the ball into the outer field and ran a full rounder, bringing a huge cheer from the rest of the team.





Sports report

It seemed to be raining rounders in the lower end of the innings. Just after Sara powered her way for a rounder, Bibi was able to follow up with a fantastic shot herself, pushing the scores up. It pushed the rest of the team forward as Esther and Lily were able to hit half a rounder each.

The fielders ran out after a rousing talk from both Mr Steward and **Madeleine** who gave some fantastic inspirational quotes. It seemed to work as Madeleine herself and **Catherine**, both created some fantastic fielding moments. One of which saw a great team run out as Madeleine took a rolling ball throwing it to Bibi, who tapped out the North Bridge runner. Then Bibi threw a cracking pass to **Beatrice** who quickly managed to tap out on the 4th base.

The fielding was of high quality, but North Bridge were able to hit 2 and a half rounders from some brilliant shots. This ended the second innings for the opponents who ended up leading the hosts by 5 and a half rounders to 1. However, it was not all doom and gloom from the PPS squad, who, with some new spirit aimed to take down the strong opponents in the final innings.

What a start it was too with Esther hitting a half rounder off her first shot. This continued over the next few shots with both Lily and Helena following suit. The squad started to cheer louder and the excitement got higher with both Bibi and Sara hitting a full rounder. Half a rounder was the only thing that split the teams. Half a rounder that could be make or break for the squad, could they keep their cool, could they take advantage of the nervous bowling? This time, unfortunately, it was not meant to be with some fantastic fielding by NBH, which included an incredible catch.

It was a fantastic performance by the U12's who never gave up throughout the match. This was a performance that they should be proud of.



Y10's Charlie Wilson Triumphs at London Schools

Charlie Wilson took gold in the U17 long jump at the **London Schools Athletics Championships** at Battersea Park's Millennium Arena on Saturday.

With a personal best and new school record of 5.97m, which bested Edwin Hounkanli's 5.80m from last year's sports day, Charlie was able to win the Intermediate age group despite being a Year 10 and jumping against Y10 and 11's. Charlie will hopefully be selected to represent London at the English Schools Championship in Birmingham at the end of June.

Huge congratulations to Charlie for his win!





Portland
Place
School



Sports report

NEXT WEEK'S CLUBS & FIXTURES

- Mon 19th June:** ISA National Athletics Finals, Alexander Stadium, Birmingham, 11.00 – 4.30pm
Y7&8 boys' Cricket vs Fairley House, Archbishop's Park, 2.00pm
Karate Club, PPS Hall, 4.00-5.00pm
- Tues 20th June:** Weight Training Club, 12.50-1.25pm, PPS changing rooms
U12/13 girls' Rounders vs North Bridge House Canonbury, Regent's Park, 2.00pm
Cricket Club, 3.50-5.15pm, Lord's Indoor Cricket Academy
- Wed 21st June:** Running Club, 12.50-1.25pm, Regent's Park
- Thurs 22nd June:** Y7&8 girls' Kwik Cricket vs Fairley House, Archbishop's Park, 2.00pm
Weight Training Club, 12.50-1.25pm, PPS changing rooms
- Fri 23rd June:** Sports Day, Perivale Park Athletics Track, 10.00am – 3.00pm



Portland
Place
School

Diary

Enrichment — Second Half of Summer Term

Activity	Staff	Room
Athletics	SRI, LST & JKU	Offsite. Meet PE changing rooms at 1.40pm
Baking Club	KPA & RLE	Dining Hall & Kitchen
Carnegie Book Club	JWO & GBL	Library
Climbing	AZE & LVW	Offsite. Meet Room 1 at 1.30pm
Digital Drawing	LDE & CHU	Art Studio
Fantastic Beads	CFL	Room 10
Fashion & Styling	FSY	Room 22
Horse Riding	AIS	Offsite. Meet PE changing rooms at 1.20pm
Kayaking	MMC & JVA	Offsite. Meet Room 10 at 1.30pm
Park Sports	RAL, AJU & CBO	Offsite. Meet Room 1 at 1.50pm
Street Photography	PZA & DFL	Room 24
Tennis	BSO	Offsite. Meet PE changing rooms at 1.50pm
Velo Park	TTC, HIS & WBR	Offsite. Meet outside PP at 1pm
Y10 Careers & Post-16	DBL, CBY, MJO, MTH	PP Hall, R33, R34, R35, R36

Clubs for Summer Term 2023

Day	Time	Activity	Staff	Location	Year Groups
Mon	12:50-13:50	Table Tennis Club	JKU	PP Hall	All
Mon	12:50-13:45	String Ensemble	R H'white	R1	All
Mon	13:15-13:45	Chemistry Revision Club	HSI	Lab 3	10 & 11
Mon	13:15-13:45	Year 9 Science Clinic	RLE	Lab 2	9
Mon	12:50-13:45	Chinese Club	TLA	G33	All
Mon	12:50-13:45	Rock Band	DMC	R2	All
Mon	13:15-13:45	UKMT Maths Challenge	AIS	34	All
Mon	13:15-13:40	Board Games	DFL & ECO	R11	6-9
Mon	16:00-17:00	Karate Club	PE	PP Hall	All
Tues	13:15-13:45	Year 9 Science Clinic	RLE	Lab 2	9
Tues	12:50-13:45	PPS Choir	SHI & CBO	R1	All
Tues	12:50-13:30	Weight Training Club	PE	Changing Rm	All
Tues	13:15-13:45	Physics Revision Club	WBR	Lab 3	10 & 11
Tues	15:50-17:15	Cricket Club	PE	Lords	All
Tues	16:00-17:00	KS4 GCSE Art Club	LDE	Art Studio 1	10 & 11
Tues	15:45-17:00	KS4 Design Drop-In Clinic	MJO	B1	10 & 11
Wed	12:50-13:45	Music Theory Club	ZBO	R42	All
Wed	12:50-13:45	Percussion Ensemble	J Morrison	R2	All
Wed	12:50-13:50	Running Club	PE	Regents Park	All
Wed	16:00-17:00	Fencing Club	Fencing coach	PP Hall	All
Thurs	12:50-13:45	Woodwind Ensemble	J Slack	R1	All
Thurs	12:50-13:30	KS3 Drama Club	TNO	Drama Studio	6-9
Thurs	12:50-13:30	Russian Club	PZA	R24	All
Thurs	13:10-13:45	Dance Club	CBY	R11	All
Thurs	12:50-13:50	Beginner French / Spanish	FSY	G33	6 – 9
Thurs	12:50-13:30	Weight Training Club	PE	Boys C/ Rooms	All
Thurs	13:15-13:45	Biology Revision Club	RLE	Science Lab 2	10 & 11
Thurs	13:15-13:45	Coding Club	MMC	33	6-8
Thurs	13:15-13:45	Spanish GCSE Club	CFL	G33	10 & 11
Thurs	13:15-13:45	Y6 Design Club	JVA	B1	6
Thurs	13:15-13:45	LGBT+ Club	TLA	Art Studio 1	All

Clubs for Summer Term 2023

Day	Time	Activity	Staff	Location	Year Groups
Thurs	16:00-17:00	PPS Chamber Choir	CBO	R1	All by audition
Thurs	16:00-17:00	Art Club	TMO & LDE	Art 1 & 2	All **
Thurs	16:00-17:00	KS4 Design Drop-in Clinic	MJO	B1	10 & 11
Fri	12:50-13:45	Brass Ensemble	W Brown	R2	All
Fri	12:50-13:50	Japanese	Yekta	R24	7 – 9
Fri	13:15-13:45	Science Exam Skills	DBL	Science Lab 1	10 & 11
Fri	13:15-13:45	Music Tour Choir	SHI	PP Hall	Invited
Fri	13:15-13:45	KS4 Maths Club	KPA	Science Lab 1	10 & 11
Fri	13:15-13:45	KS3 Maths Club	AZE	33	6 – 9
Fri	13:15-13:45	French Bilingual Club	TLA	B3	7 – 9
Fri	13:15-13:45	Music Tour Choir	SHI	PPH	Invited

** by invitation only for KS3, Art Scholarship holders must attend

Summer Term 2023

Term Starts: Tuesday 25 April
 Bank Holiday: Monday 1 May (school closed)
 Coronation Bank Holiday: Monday 8 May (school closed)
 Half Term Holiday: Monday 29 May—Friday 2 June
 End of Term: Friday 7 July

Autumn Term 2023

Staff Inset: Thurs 31 August (closed to students)
 New Student Induction Day & Staff Inset:
 Friday 1 September
 Term Starts: Monday 4 September (all other students)
 Half Term: Monday 16 October—Friday 27 October
 End of Term: Friday 15 December



56-58 Portland Place
 London W1B 1NJ
 Tel: 020 7307 8700
 (Main Switchboard)

GPS Building:
 143-149 Great Portland St
 London W1W 6QN

admin@portland-place.co.uk
 www.portland-place.co.uk



Portland
Place
School



Thank you for reading

FOLLOW US



@PortlandPlaceSchool



@PortlandPlaceHD



Portland Place School