

# The Weekly Buzz

21 November 2022







Portland  
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School

# Noticeboard

## Lunch Menu

w/c 21st November 2022

**Week 2 Lunch Menu**

**MONDAY**

**Main:**  
Beef Stroganoff

**Meat Free:**  
Vegan Stroganoff

**To go with:**  
Rice  
Cauliflower  
Cabbage  
Roasted Veg Medley

**Dessert:**  
Lemon Cake

**Tuesday**

**Main:**  
Chicken Pie

**Meat Free:**  
Vegan Pie

**To go with:**  
Carrot  
Broccoli  
Green Bean  
Cabbage

**Dessert:**  
Pineapple Cake

**Wednesday**

**Main:**  
Gammon

**Meat Free:**  
Broccoli Pasta Bake

**To go with:**  
Roasted Veg  
Roasted Potato  
Aubergine  
Gravy

**Dessert:**  
Rice Cakes

**THURSDAY**

**Main:**  
Beef Chilli

**To go with:**  
Sweetcorn  
Rice  
Courgette  
Tacos

**Meat Free:**  
Vegan Chilli

**Dessert:**  
Banoffee Pie

**FRIDAY**

**Main:**  
Pizza

**To go with:**  
Oven Baked Fries  
Crushed Peas  
Baked Beans

**Meat Free:**  
Pizza

**Dessert:**  
Flapjack

**The FUTURE of FOOD**

**ON THE MENU EVERYDAY**

- ☆ Soup of the Day
- ☆ Salad Bar
- ☆ Fresh Fruit
- ☆ Yoghurt

Allergen Key: 1. Milk, 2. Fish, 3. Gluten, 4. Peanuts, 5. Tree nuts, 6. Soya, 7. Sesame, 8. Lupin, 9. Shellfish, 10. Molluscs, 11. Egg, 12. Sulphite, 13. Celery, 14. Mustard  
\*MENU IS SUBJECT TO CHANGE SHOULD INGREDIENTS BE UNAVAILABLE\*

Gluten-free options available each day



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## DATES FOR THE DIARY 2022

THURS 01 DEC - LANGUAGES DAY

THURS 08 DEC - CHRISTMAS CAROL  
SERVICE @ ST MARYLEBONE PARISH  
CHURCH (11.00AM-12.00PM)

TUES 13 DEC - CHRISTMAS CONCERT  
@ REGENT HALL (6.30PM-9.00PM)

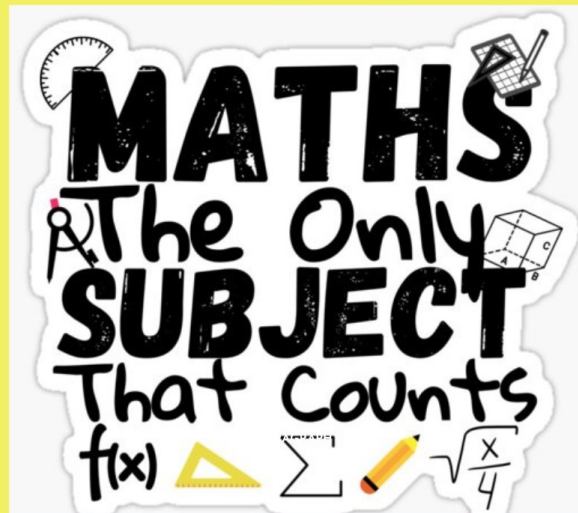
FRI 16 DEC - END OF TERM



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## KS4 MATHS CLUB



**WHAT ARE WE DOING?**

**MATHS COMPETITIONS, MATHS  
GAMES AND MANY MORE...**

**WHEN: EVERY FRIDAY  
WHERE: LAB 1 (GPS)**

WHAT DID AREA SAY TO  
PERIMETER WHILE ARGUING?



I'M TRYING TO TALK TO YOU, BUT I FEEL LIKE  
YOU'RE JUST GOING AROUND MY PROBLEM

MATH JOKES, SONGS AND GAMES © NUMBEROCK.COM





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# Noticeboard

Dear Parents,

As we approach the start of ski season, I am writing to let you know that we do have some more spaces available for our Ski Tour to Folgarida, Italy in February half-term.

We will be out there from the 11<sup>th</sup> to the 17<sup>th</sup> of February, please email me directly if you are interested!

Mr Tasić

[Toni.tasic@portland-place.co.uk](mailto:Toni.tasic@portland-place.co.uk)



**Ski Tour 2023**  
**more places available!**



# LANGUAGES DAY

## Thursday 1<sup>st</sup> December

### Please donate!

This year, our annual **Languages Day** is back, on Thursday 1<sup>st</sup> December. It will be a day where we celebrate diversity and languages around the world.

Students are invited to bake international cakes and dress up with the colour of their flag, a traditional outfit or a famous character from their country.

We are also raising money as a school on that day, so please donate at least £2.00 to [PARENTPAY LINK](#) on that day. The money will go to Unicef and support children in Ukraine.

Merci, gracias, thank you! Mr Lalande







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## Growth Mindset - Metacognition



### 9 Questions to Improve Metacognition

by @Inner\_Drive  
[www.innerdrive.co.uk](http://www.innerdrive.co.uk)

#### Before

- ▶ Is this similar to a previous task?
- ▶ What do I want to achieve?
- ▶ What should I do first?

#### During

- ▶ Am I on the right track?
- ▶ What can I do differently?
- ▶ Who can I ask for help?

#### After

- ▶ What worked well?
- ▶ What could I have done better?
- ▶ Can I apply this to other situations?

I am a great believer in the power of metacognition as it helps students develop their critical thinking and become lifelong learners. It also promotes autonomy and resiliency.

The authors of the book "How Learning Works" said it so beautifully: "To become self-directed learners, students must learn to assess the demands of the task, evaluate their own knowledge and skills, plan their approach, monitor their progress, and adjust their strategies as needed."

Thank you for your ongoing support.  
Ms Florea



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## **Upper School Chamber Concert**

**Thursday 24<sup>th</sup> November 2022**

**PPS Hall, 5:00-6:00pm**

**Refreshments provided**







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## Well Done!

The best readers in the recent  
Readathon!

**Read  
for  
Good**

Year 8

Jazz

Henry

Leyla

Haofeng

Year 7

Stanley

Bibi

Year 6

Clara

Mohamed

PPS readathon

**Well done  
participants!**

**Read  
for  
Good**

Money raised

**£735.90**

Small prizes and awards to follow  
in assemblies next week

# Noticeboard

## Literacy Corner

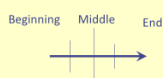
## Support with writing

*Writing is the most complex aspect of literacy. Next couple of weeks will be, therefore, dedicated to planning, structuring, connecting, evaluating and proofreading writing. This is particularly relevant to KS4 ahead of their GCSE exams.*

### TYPES OF WRITING

Depending on the type of text, students need to apply varying planning frames and language techniques. The most common types of writing are:

#### 1 Writing to entertain



- This happened, then that happened.

Usually has a beginning, middle and end.

To tell the reader a story (fiction)  
Usually has a beginning, middle and end.  
Has a narrator (first or third person)

#### 2 Writing to describe



- No specific order, impressions using different senses

Could be used in fiction or non-fiction

To tell the reader what something is like

Usually past tense, also present tense  
No specific order

#### 3 Writing to Inform



- This is how it is.

Paragraphs not in chronological order  
Sub headings under different categories

To present information  
Present tense  
Formal and impersonal

#### 4 Writing to Instruct



- This is how to do this.

Chronological order.  
Often in list form.  
Often includes diagrams etc.

To tell someone how to do something  
Use imperatives  
Simple and clear formal English  
Numbers, bullet points or time connectives

#### 5 Writing to persuade

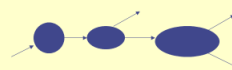


- This is what I think you should do/ think.

Series of points within paragraphs supporting one view point.  
Logical order

To influence how people think  
Emotive language  
Personal language

#### 6. Writing to explain



- This happened because that happened.

Series of logical steps explaining how or why something happens

To help someone to understand a process  
Present tense  
Technical words suitable for this subject  
personal  
tives (because this happened that

#### 7 Writing to argue



- This is what people think about this issue.

Paragraphs often a series of contrasting points.  
Logical order.

To help someone to understand the issue  
Present tense  
Technical words appropriate to topic  
Formal and impersonal  
Logical/ contrasting connectives





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## Literacy Corner

### 1 Writing to entertain

Beginning Middle End



- This happened, then that happened.

Usually has a beginning, middle and end.

To tell the reader a story (fiction)

Usually has a beginning, middle and end.

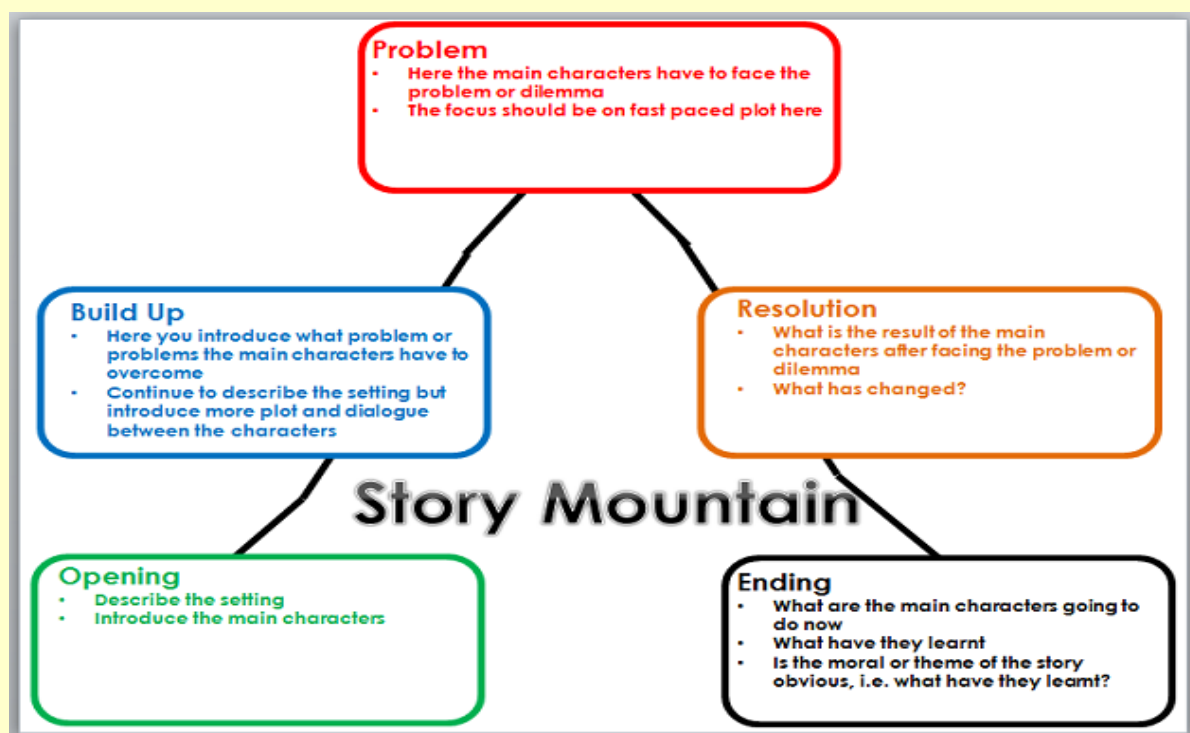
Has a narrator (first or third person)

Writing to entertain and writing to describe are particularly relevant to Question 5 in English Language Paper 1 exam, but also in KS3 creative writing.

Below you can find planning organisers to support planning the story and the description.

## PLANNING WRITING to Entertain 1

<b>Setting:</b> <b>Where:</b> <b>When:</b>
<b>Major Characters:</b> <b>Minor Characters:</b>
<b>Plot/Problem:</b>
<b>Event 1:</b>
<b>Event 2:</b>
<b>Event 3:</b>
<b>Outcome:</b>





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## Literacy Corner

### 1 Writing to entertain

Beginning Middle End



- This happened, then that happened.

Usually has a beginning, middle and end.

To tell the reader a story (fiction)

Usually has a beginning, middle and end.

Has a narrator (first or third person)

## PLANNING WRITING to Entertain 2

### Main characters

Who are the important characters in the story?

---

---

---

### Setting

When and where does the story take place?

---

---

### Problem

What is the problem in the story?

---

---

---

### Solution

How is the problem solved?

---

---

### Theme

What is the message or big idea the author wants to share?

---

---

### Plot

What are the most important events that happen in the story?

Beginning:

---

---

---

Middle:

---

---

---

End:

---

---

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# Noticeboard

## Literacy Corner

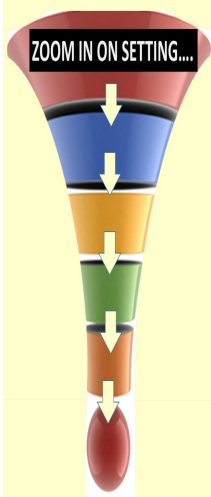
## PLANNING WRITING to DESCRIBE- KS3

### 2 Writing to describe



• No specific order, impressions using different senses

To tell the reader what something is like  
Usually past tense, also present tense  
No specific order



The Valley of Shadows



Waterfall of Doom



Emerald River



Misty Cottage

### Prepositional phrases

## ZOOM IN ON SETTING....

### Over the Valley of Shadows ....

Magical world of shimmering snow, steep rocky slopes, haunted maze of glistening ice and rock; the huge hostile mountains pierced the sky.

### At the foot of the mountains....

Bulging blister of churning, grey water, Ripple of a stream tumbling down the hill, as clear and smooth as glass, like a long snaking ribbon

### BY the south bank of the river....

The lake ..... a huge curtain of a shimmering water; the giant round lake wounding between towering ghostly mountain;



### What other people think of them

.....

.....

.....



### What they say/how they say it

.....

.....

.....



### What they look like, and what they wear

.....

.....

.....



### Look for well placed metaphors

.....

.....

## Describing characters



### Their reactions to different situations

.....

.....



### How they move

.....

.....



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## Literacy Corner

### 2 Writing to describe



■ No specific order, impressions using different senses

Could be used in fiction or non-fiction

To tell the reader what something is like  
Usually past tense, also present tense  
No specific order

## PLANNING WRITING to DESCRIBE- KS4



inspiration



I have **set a tone through words** to reflect the **narrator's attitude** towards the place ☐

I made **vocabulary choices for effect**:

- I appealed to senses ☐
- I described physical experiences and sensations ☐
- My vocabulary communicated the atmosphere ☐

I **made the story cohesive** by:

- use of connectives ☐
- using a variety of sentences (simple, compound, complex) ☐
- using correct sentence structures ☐
- Writing in distinctive paragraphs ☐

I used **figurative language** to help **imagine the place** ☐

- similes ☐
- metaphors ☐
- personifications ☐
- alliterations ☐

I have **structured the description** by:

- change of the location ☐
- change in time ☐
- shift in the viewpoint ☐

I took **a specific narrative perspective** (it's consistent/changes) ☐





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## Literacy Corner

- We would also like to strongly encourage you to use this **useful acronym** to solve any mathematical task:

## RUDELY

**Read it**

**Underline and understand**

**Decide/Draw what calculation you need**

**Estimate a rough answer**

**Look again**

**You may begin**

**calculate**

Work out the percentage increase from 80 to 280 [3 marks]

<u>percentage</u>	<u>increase</u>
per centum	in crescere
(rate) per hundred	into grow

100% = 80

a% = 80 → 280

80 = 100%   80 = 100%   40 = 50%

80 = 100%   a%

280

80 = 100% + 80 = 100% + 40 = 50%

80 + 80 + 40

Answer **a = 250%** %

# Noticeboard

## Numeracy Corner

This week we continue to present a series of support tools to help to solve mathematical problems.

## Strategy 4-Step by Step- Example

### Step-by-Step

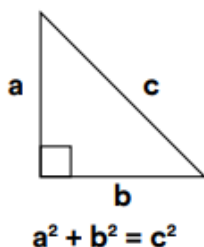
Name: \_\_\_\_\_ Date: \_\_\_\_\_  
Class: **Geometry** Teacher: \_\_\_\_\_

When solving a math problem, it helps to do the work in steps. Use this chart to map out the steps.

1. Write any important math formulas or notes in the box to the left.
2. In the top right box, write your problem.
3. Complete the problem, one step at a time. Put only one step in each box.
4. Write your solution in the bottom right box.

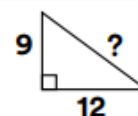
#### Important Math Formulas and Notes:

#### Pythagorean theorem



#### Your Problem:

Find the length of the missing side in the triangle:



#### Step One:

$$a = 9, b = 12, c = ?$$

#### Step Two:

$$a^2 + b^2 = c^2$$

$$9^2 + 12^2 = c^2$$

#### Step Three:

$$81 + 144 = c^2$$

#### Step Four:

$$225 = c^2$$

#### Step Five:

$$\sqrt{225} = \sqrt{c^2}$$

#### Your Solution:

$$15 = c$$



# Design



Well done to **Nicky** and **Sheila** in Year 10 who are designing and making 20th century design movement inspired Bluetooth speakers.

Mr Wood

## PPS School Council Anti-Bullying Ambassador Training from The Diana Award 15/11/22





On Tuesday, four members of school council attended the Diana Memorial Anti-Bullying Workshop at Townley Grammar School to become new anti-bullying ambassadors for Portland Place School. At the workshop, they learned ways in which bullying can be tackled and ways awareness can be spread in a school

setting. Their journey will continue as they begin using their newly formed skills by creating their own campaign for others at Portland Place School. Well done to Alexander, Rudy, Nils and Mia for their hard work and dedication for this important cause. Mr Soper



Our students had a fantastic day exploring a wide range of **PHSCE** topics inside and outside the classrooms.

Theatre workshops, video making sessions, talks by specialist teachers and even a mock trial at the Royal Courts of Justice were some of the activities offered on the day on top of more traditional sessions to discuss our chosen topics: Health and well-being for Y7, Puberty for Y8, Healthy Relationships for Y9, Justice and Injustice for Y10 and Revision Strategies for Y11.



**PHSCE DAY**  
**Friday 11 November**



**Personal Health, Social and Citizenship Education (PHSCE)** is compulsory within the national curriculum and a crucial part of the social and emotional development of our children and young people.

Our students currently spend two of their morning registrations discussing current affairs using Votes for Schools <https://www.votesforschools.com/> but we believe more time is needed to cover other important topics such as mental and physical health, relationship and sex education and more. During our PHSCE day, students attended either PHSCE lessons, workshops or activities/trips all related to their topic of the day.

During the day we worked with the following companies:

Anti-Bullying and Discrimination workshops: <https://www.standupeducation.org/about>

Body Image and E-Safety workshops: <https://www.upfronttheatrecompany.co.uk/>

Court of Justice workshop: <https://www.nationaljusticemuseum.org.uk/museum/learning/court-in-session>

The Circus of Life Resilience Programme: <https://www.resilientme.co.uk/TheCircusofLifeWorkshop1>

Many thanks to all involved, Mrs Flack



## PHSCE DAY SCHEDULE

	Topic	Period 1	Period 2	Period 3	Period 4	Period 5	Period 6
Y6	Health and well-being	Being healthy (diet)	Being active	Why do people drink alcohol?	Body image	<b>Fitness games</b>	
Y7	Staying safe in society	What makes a good citizen?	Young people and crime	<b>Anti-bullying workshop</b>	Keeping safe online	Creating safe communities	Anti-bullying video 1
Y8	Puberty and emotional change	Puberty and the body	Puberty and the mind	Menstruation	Gender	<b>Body image workshop</b>	Coping with change
Y9	Healthy relationships	Healthy vs abusive relationships	Consent	Indecent images and pornography	Abuse	Harassment	<b>E- safety workshop</b>
Y10	Justice and prejudice	<b>Anti-discrimination workshop</b>		<b>EARLY LUNCH</b> Packed lunches provided for students who usually eat in the canteen	<b>Court in session learning experience at The Royal Courts of Justice</b>		
Y11	Revision skills and stress management	Retrieval Practice	Cue-cards	Well-being	Mind maps	<b>'The Circus of Life' Resilience online course by Resilient Me</b>	







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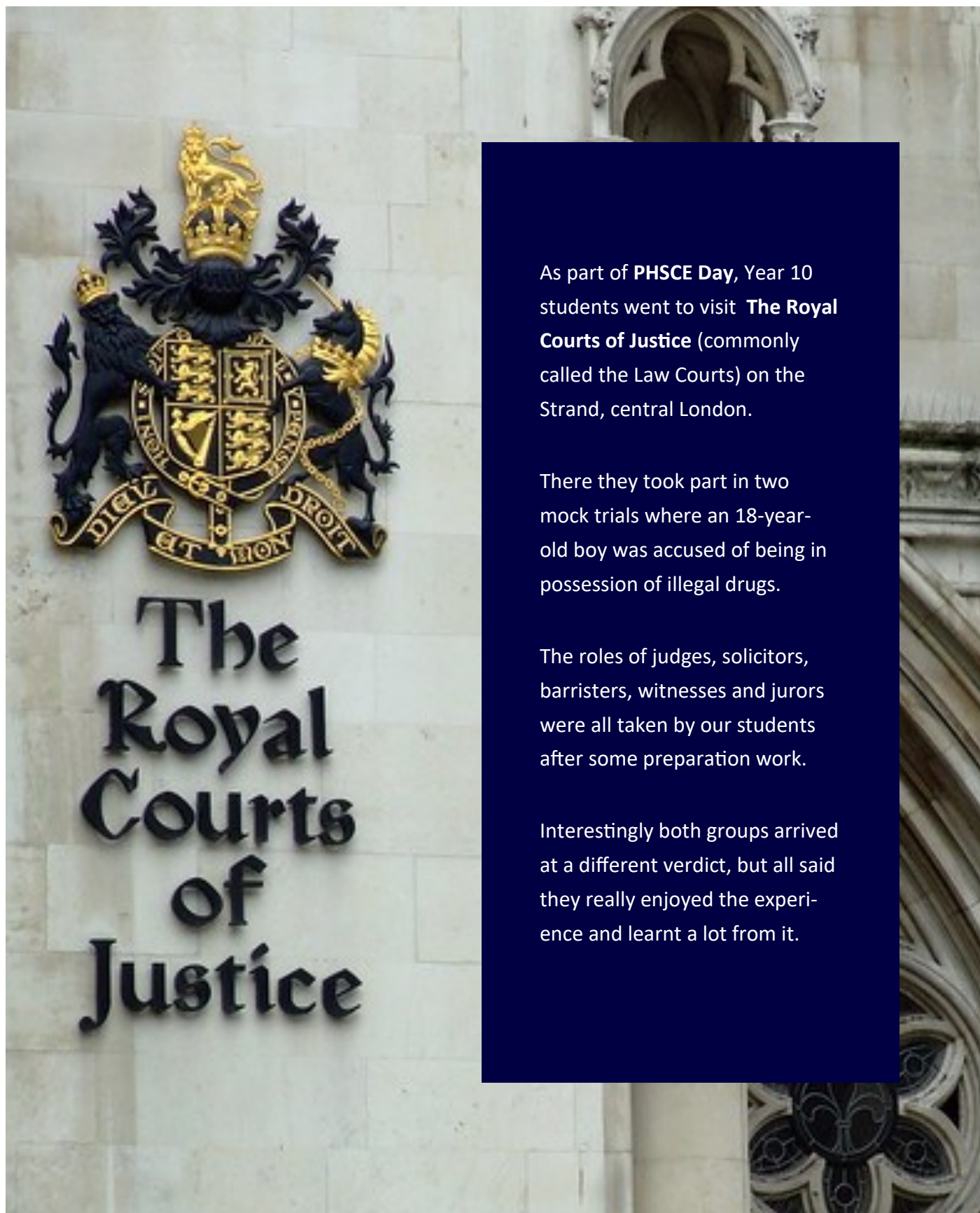
# News



The  
Royal  
Courts  
of  
Justice

## The Royal Courts of Justice - Year 10





As part of **PHSCE Day**, Year 10 students went to visit **The Royal Courts of Justice** (commonly called the Law Courts) on the Strand, central London.

There they took part in two mock trials where an 18-year-old boy was accused of being in possession of illegal drugs.

The roles of judges, solicitors, barristers, witnesses and jurors were all taken by our students after some preparation work.

Interestingly both groups arrived at a different verdict, but all said they really enjoyed the experience and learnt a lot from it.



## VAD DANCE INSPIRATIONS COMPETITION 2022

Last weekend **Mia** in **Year 8** took part in the VAD Dance Inspirations Competition in Birmingham. She performed a solo, a duet and three group dances, all despite a serious toe injury. In total her school received two 1st place awards and three 2nd place awards. Well done Mia and XDL!







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## News

# Art

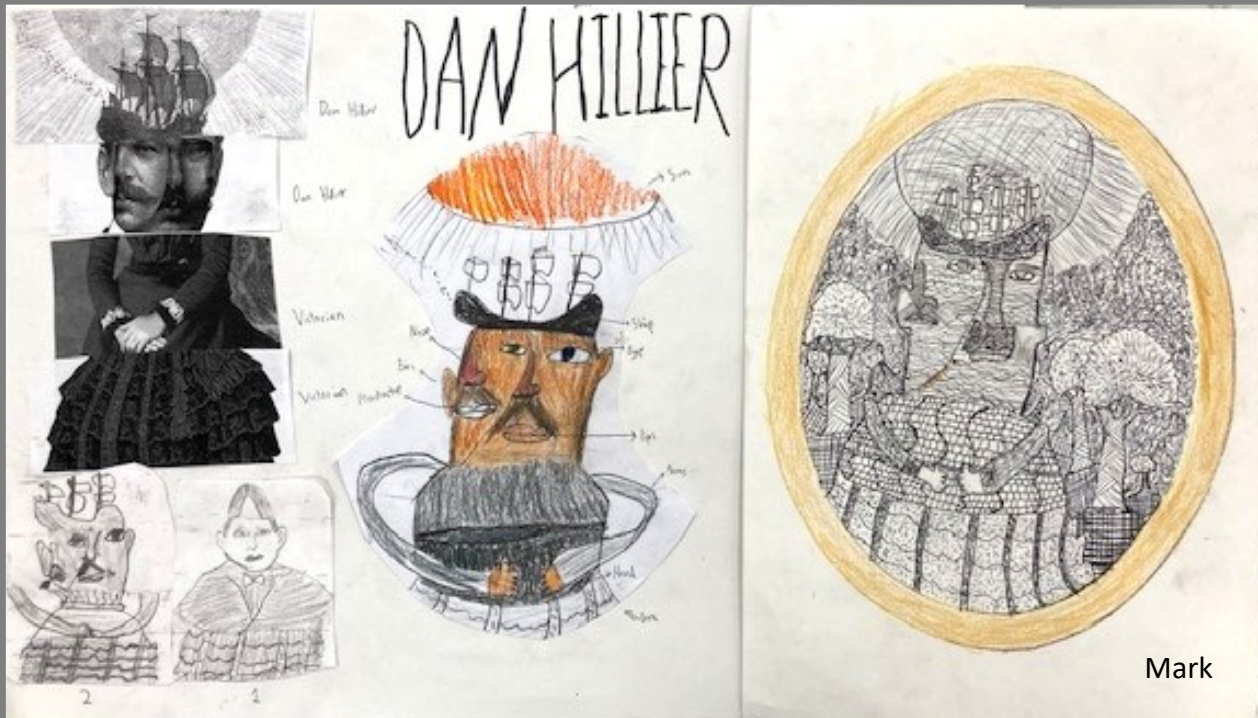
**Haunted House Portraits** (Year 7) — Dan Hillier & Victorian portraits brainstorm to get ideas organised for a final piece showing source materials.





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# News

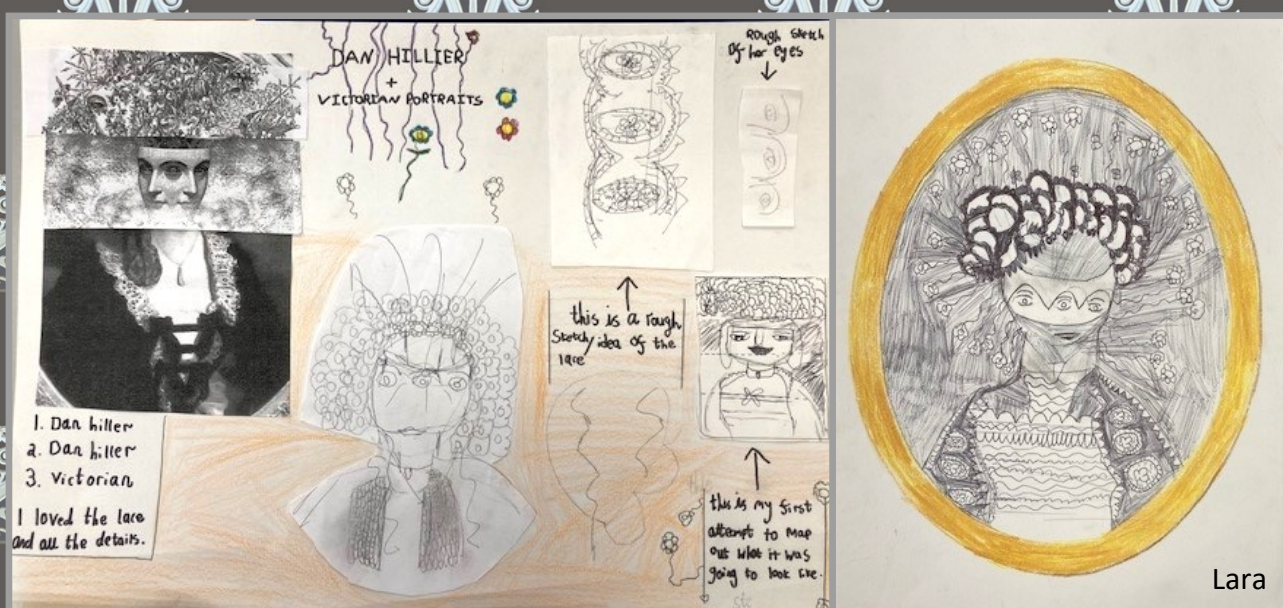
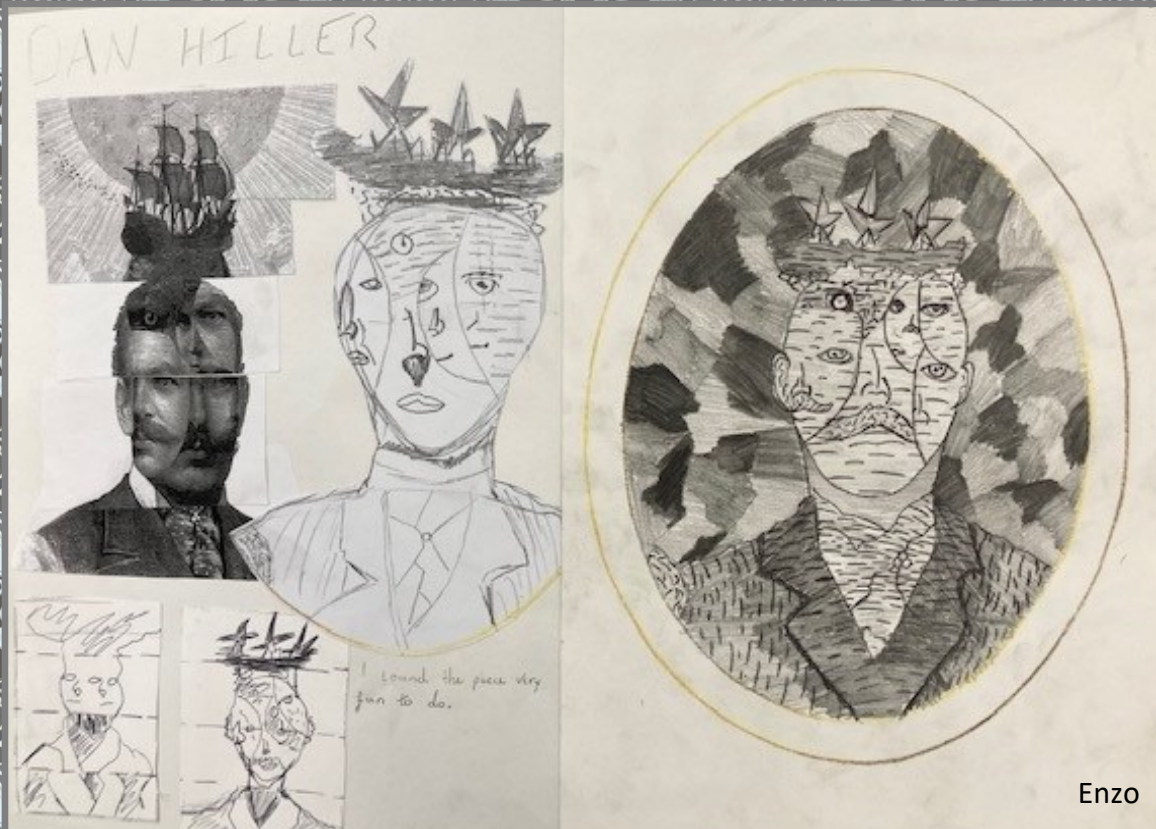


Mark



Joe



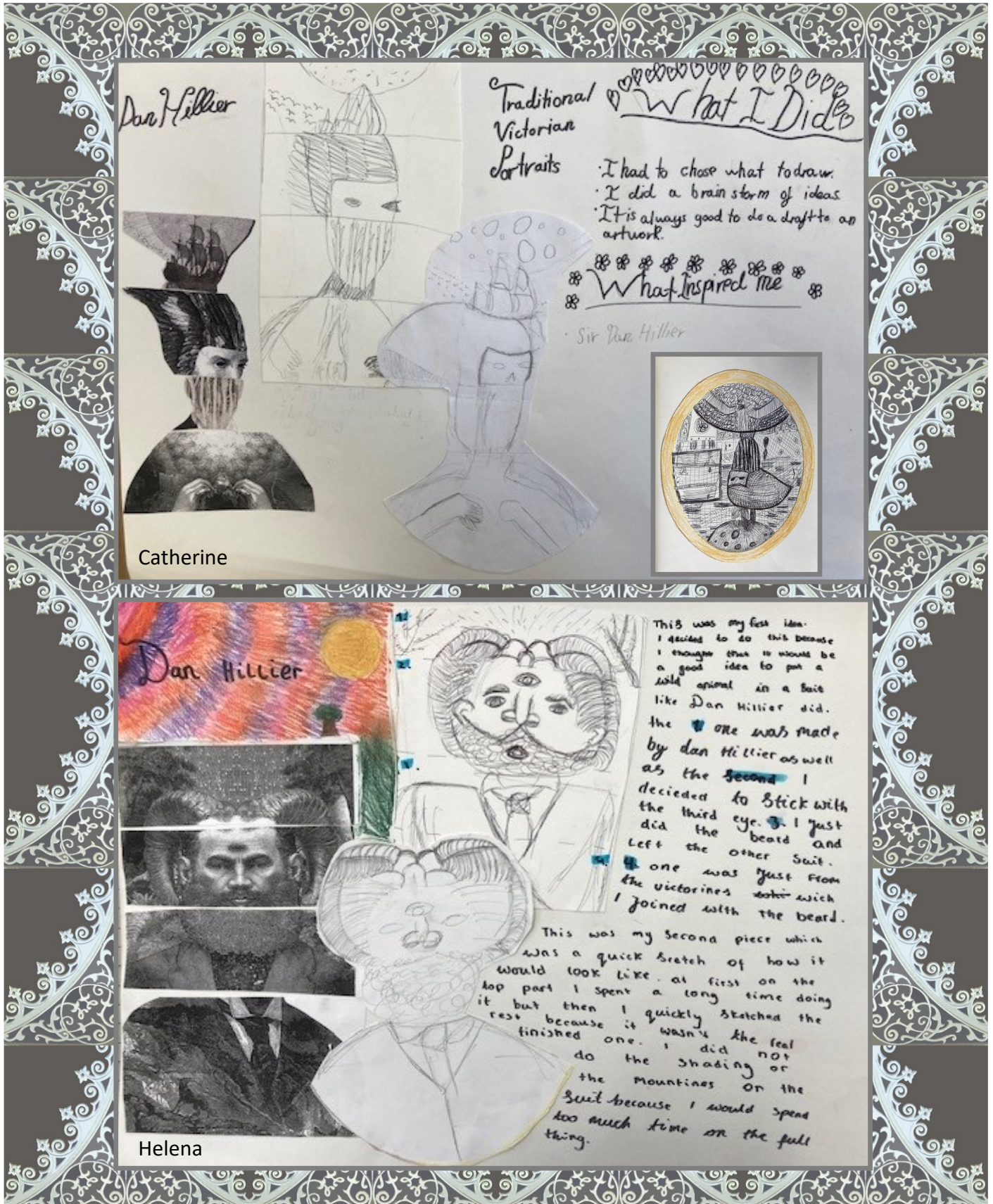






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# News



Catherine

Helena



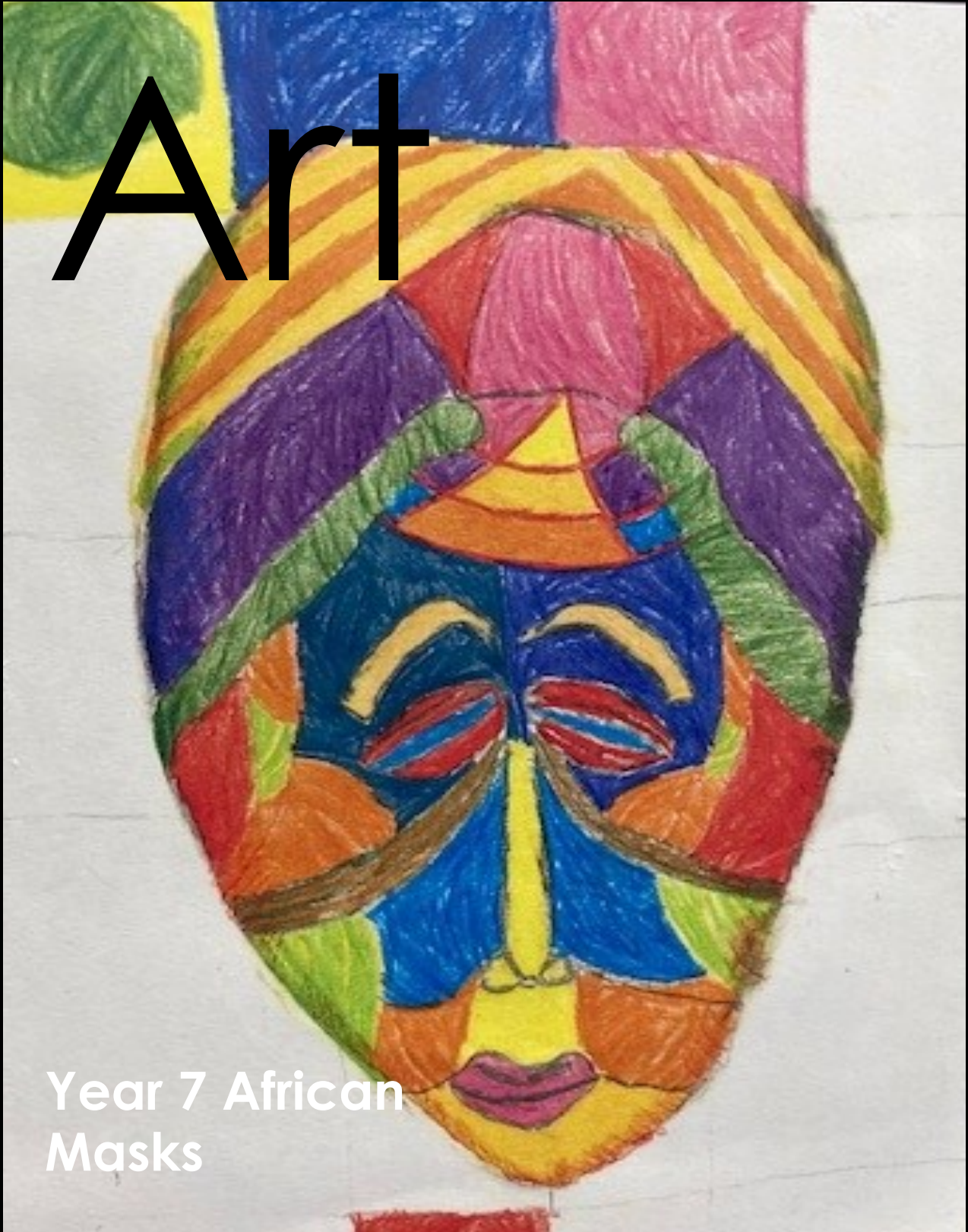


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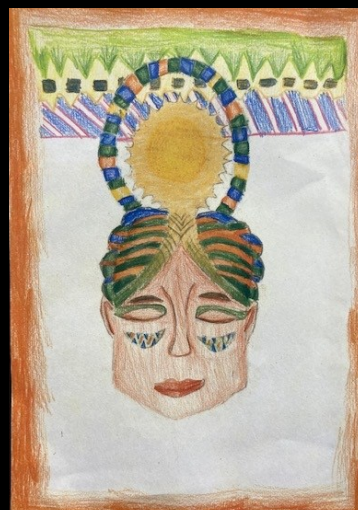
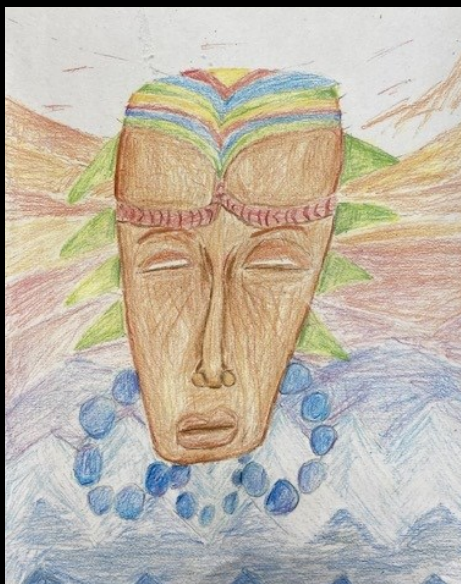
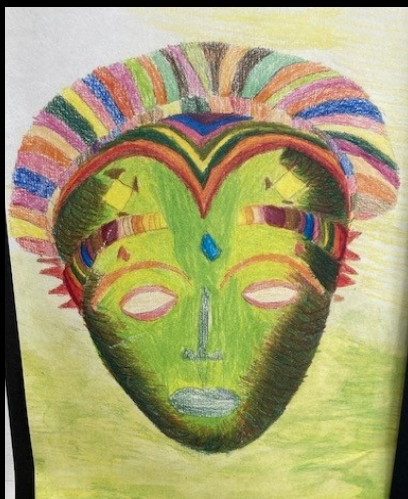
News

Art

Year 7 African  
Masks







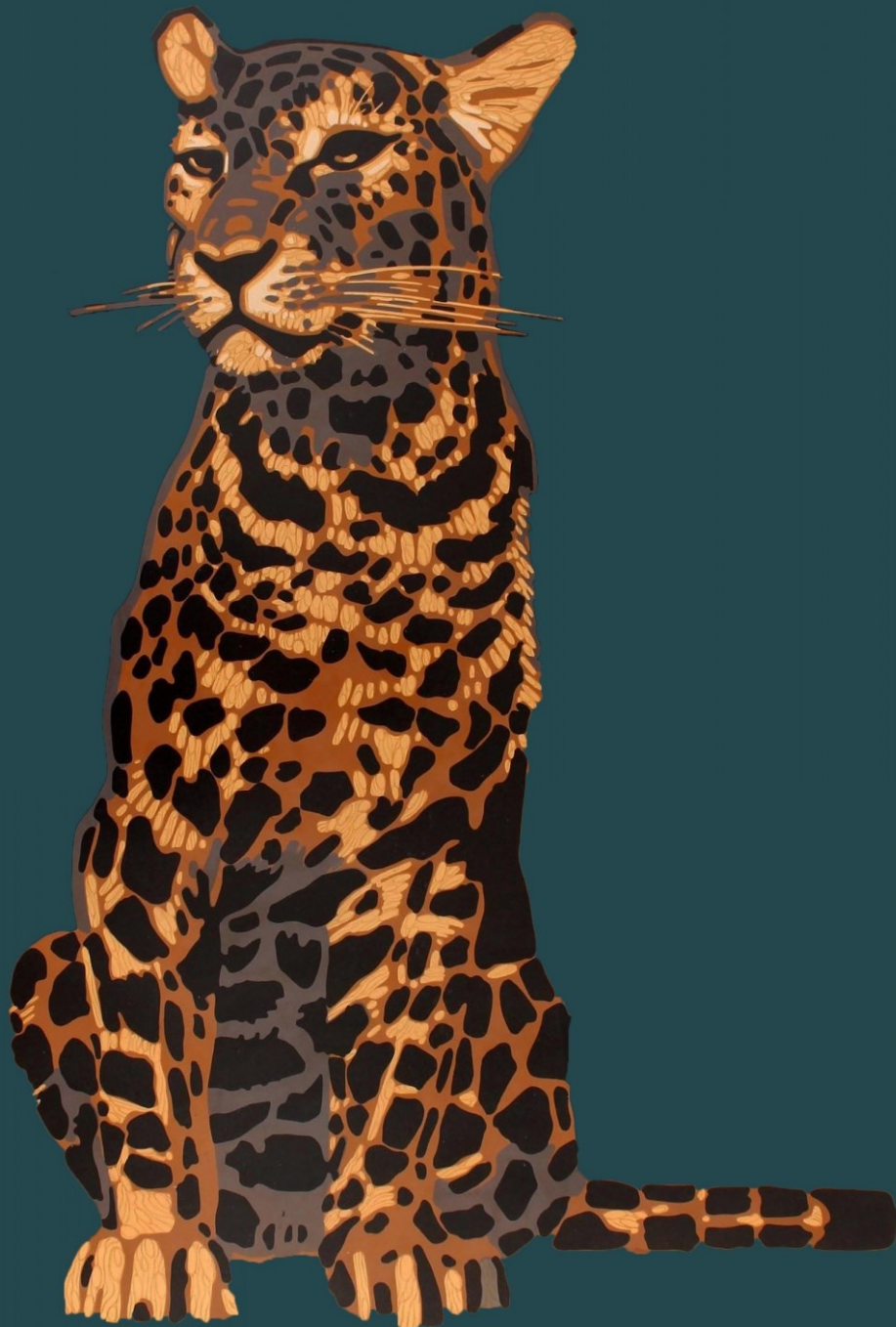




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# News

## VISIT THE ZOO **Enrichment**







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# News

On Wednesday we had our first workshop: an introduction to what ZOOs do. Thank you for your contributions!

*Mr Noble and Ms Coates*

## ZSL- CONSERVATION AND STUDY

History of the London  
ZOO

ZOO's Engagement

ZOOs Breeding Programmes

Research

Health and Welfare

Working for Wildlife

Conservation- UK- Based

Threats to Biodiversity

Impacts  
on  
Humans

Endangered  
Animals

Week 2+ 3:







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# News





## THE WALL OF KINDNESS

I would like to thank Ahlam  
for her kindness towards  
me at a time of need.  
- Noah (Y8 Hybrid School)

Thank you to Liv, Georgie,  
Cora and Marta in Year 9  
who were so welcoming and  
kind to me when I recently  
joined the school.  
- Ella (Year 9)

**Haofeng- Thank you, Taishi  
in Year 8, for helping me to  
navigate Firefly and understand  
different tasks. You are so kind!**  
- Ms Florea

I would like to give a shout out to Ms Florea  
for her excellent assembly with KS3 Hybrid on  
Growth Mindset which led to excellent results!  
- Ms Baig

Thank you to Jacob in Year 6 who  
gave me his sharpener and rubber  
when I had forgotten mine  
—Mohamed (Year 6)



## Westminster Schools U13 Cricket



Portland's Year 8's took gold at Lord's in the U13 Westminster Schools competition on Tuesday afternoon at the indoor cricket academy. The matches were played over twelve, five-ball overs, with the six players per team all bowling twice and receiving 4 overs in their batting pairs. Any wickets taken would add five runs to their batting total. Due to a low turn-out of teams on the day, Portland played Westminster Academy over three matches, with the ten-man squads rotating.

### Match 1

Portland fielded first in this opening 60-ball match and managed to take 5 wickets. **Humphrey** bowled his victim whilst **Dexter** picked up two wickets, both clean bowled. With two runouts, Westminster made 154-5.

With the bat, the opening pair of **Henry** and **Nate** played some of the best batting strokes of the day, with Henry making one of just two 6's in the whole tournament. Unfortunately, the considerable headway this pair made towards reaching Westminster's total was offset with Portland losing 9 wickets, adding 45 runs to their opponents' total. Thanks however, to some decent scoring from **Taishi** and **Harrison**, Portland's closing pair of **Humphrey** and **Dexter** were able to bring the innings to a close at 173/9 – a comfortable win.

### Match 2

PPS bowled first once again and Henry took three wickets, all clean bowled, in what was an impressive display of pace and accuracy. **Flynn** caught and bowled one of the Westminster Academy players who eventually made 127/4.

**Spike** and Flynn were the first pair to face Westminster's bowling and managed to lose no wickets in their 20 balls. Taishi and Harrison lost two wickets but scored fluently. Henry and Nate closed the innings and despite losing two more wickets were able to take their score to 147/4 for a 20-run win and a large lead to take into the final game.



## Match 3

This time Portland batted first, and the opening pair of Dexter and Humphrey enjoyed much better success, putting on 52 runs in 20 balls for the loss of only two wickets. **Joey** and **Donovan** only lost a single wicket, which was unfortunate as Donovan's hit looked certain to be a 6 but hit the net roof and was caught. The pair added 30 runs and once again, Henry and Nate closed the innings again and PPS's score was 131/5.

Donovan bowled amazingly well for a cricket newbie, bowling accurately and fairly and was rewarded with two wickets, the first clean bowled and the second a catch by Henry who kept wicket for much of the time, along with Nate and Harrison at various intervals. Henry took 3 more wickets and was close to making a hat-trick, right at the death as PPS killed the game off with some late wickets.

Portland won all three of their matches and were justifiably well-satisfied with their afternoon's work. Not many cricketers get the chance to play at Lords and PPS produced some very good cricket, with everyone contributing significantly to the team effort.



**Man of the Match** must go to **Henry**, whose bowling and scoring with the bat was top drawer all day.



## U14 football vs Kew House

The hub was close by, and a number of spectators were wandering round the Hybrid pitch and were treated to a spectacular game between Portland Place and Kew House. With the sun shining it was a glorious day for a fantastic game. After a nervous start, it was **Humphrey** and **Jake** who started to take control, passing the ball confidently in the middle of the pitch and allowing **Tec** to hold up the top of the park. Breaking down the defence at every opportunity, **Danny** and **Max** used the wings to give the Kew House defence some nervy moments.

After pushing back the attacks and **Max** closing off any advances that came towards him, Humphrey ran through the wing, turning the defence inside out and crossing the ball, which was missed by all of the defenders and was tapped in by Danny.

It was this goal that was the downfall of the squad. The buzz of scoring saw a mishap allow the Kew House attack to run through the middle of the defence and the attacker to float the ball past **Rocky** in goal. An unfortunate set of events saw PPS let in another two goals before they were able to get back into the game.

Breaking from the back with **Hazuki** passing the ball through to **Dexter**, PPS were on the attack and after some silky feet, a lofted ball saw Tec run through into the box and make a cheeky chip past the goalkeeper.

The break came at the wrong time for the students as the momentum changed at the start of the second half. With the Kew House coaches shouting instruction from the side line, their midfield started to overhaul the PPS squad and with a powerful shot from the edge of the area Kew House extended their lead.

After this, the PPS squad started to increase their passing and movement once again and with a mistake from the Kew defence, Humphrey was once again harassing the left back, breaking down the wing with **Oilly** trying to keep up. He swung in a deadly ball to **Spike**, whose shot was magnificently saved by the goalkeeper.

Only a few minutes were left in the match, and it became all-out attack for the U14's but it was to come to nothing as Kew House were able to hold on to win 4-2.



## Year 6/7 Interhouse Fitness Challenge

On Thursday 3<sup>rd</sup> November Year 6/7 took part in their first house sports competition of the academic year – the interhouse fitness challenge! The challenge saw pupils complete a time trial fitness course including some running, slalom runs, squat jumps, walking lunges, hurdles and walking lunges – a real leg burner for our year 6/7's. The course had to be adapted on the day due to poor weather so year 6/7 escaped the infamous bear crawls and crab walks that pupils have completed on previous years! It was a thoroughly enjoyable and competitive event despite the poor conditions, with each and every pupil working their socks off to try and give their house a good start in the house sports league table. There were certainly some tired bodies at the end of the challenge! For each house an average course completion time was calculated, and I can reveal that the year 8 house fitness challenge results are as follows:

- 1<sup>st</sup> **WIGMORE** – Average time: 3min 29secs
- 2<sup>nd</sup> **LANGHAM** – Average time: 3min 41secs
- 3<sup>rd</sup> **CAVENDISH** – Average time: 3min 47secs
- 4<sup>th</sup> **DEVONSHIRE** – Average time: 4min secs



Whilst the whole year group worked very hard there are some pupils who deserve a special mention for their efforts. **Helena, Clara & Beatrice** really pushed themselves to the max for their houses showing fantastic grit and determination. **Ted, Dominic, Roman** and **Enzo** put in some excellent performances, pushing each other to the finish line. A big congratulations goes to **Lucy** who completed the course in 2min 57secs, the quickest time recorded in year 7 and **Mark** who completed the course just 1 second behind Lucy in 2min 28secs!

# Year 9 Fitness Challenge

After the rain had moved away and the ground was left wet and muddy, Year 9's were given the tough task of following up on the Year 7's and their fitness challenge. The sun was starting to shine, and the nerves were in the air as Mr Steward set out the course which included: Squat jumps, Slalom and Star Jumps. It was going to be a tough challenge, even though a few parts of the course had been abandoned due to the muddy conditions, but one that all the students were ready to take on.

A rolling start saw the students run to a set part of the park before running the gruelling challenge, pushing themselves throughout. Participants were kept close together with only a couple of them breaking off into the lead. Progressing throughout the course you could see the tiredness kick in and the pain staying on the face of each and every participant.

Diving across the line, the event came to an end with each house being represented to their fullest. It was a tremendous show of comradery between the students who cheered each other over the finish, waiting for each and every student to break through the line.

This was a tough course for the students with a number of adaptations given the awful weather that had come through that morning. There were some fantastic performances from students such as **Hazuki, Olly, Marta** and others who didn't let the mud, the cold and rain hinder their performances throughout the morning.

1 <sup>st</sup>	Wigmore
2 <sup>nd</sup>	Cavendish
3 <sup>rd</sup>	Devonshire
4th	Langham



## Year 8 Fitness Challenge

With the break in the back of their minds and the students already tired from a busy week at school, the year 8's were given the chance to get their House scores moving in the right direction. After Wigmore won the Year 9 event the day before, could they keep up their winning streak or would it be another house to take the crown for the Year 8's?

The teams had a nervous warm up and some chat about the various challenges of the course. The start saw a number of students break away from the pack, getting through the traffic after the hurdle jumps it was a steady run round to the bear crawl, where some weird looking bear crawls left some students falling behind and others catching up.

Onto the slalom, where there some great agility, and a small group made a break for the lead. With the times being added together and averaged it was each house member not just participating but also turning and encouraging each other throughout the course.

Squat jumps, crab walk, and lunges were to come nearer the end of the course. The tiredness kicked in with each student slowly starting to struggle with each part, but it was a race across the line with every student sprinting through the finishing line.

All the students took part with great effort, and once the times had been recorded and calculated, it was Wigmore, once again, who came out on top. Congratulations to Wigmore's Year 8 boys and girls.

1 <sup>st</sup>	Wigmore
2 <sup>nd</sup>	Devonshire
3 <sup>rd</sup>	Langham
4th	Cavendish

## Ibstock vs Year 7

It was a classic game of football on a chilly November afternoon as Portland Place's U12's fell short of Ibstock as they went down 3-2 at Roehampton. After a great start by PPS, the defence was put under a lot of pressure but **Jacob** and **Roman** commanded the centre of the defence and worked fantastically with **Noah** and **Ted** who all held a great line to keep catching the Ibstock attack offside.

Breaking down Ibstock seemed a bit simpler for the PPS squad with **Enzo** supplying some fantastic through balls for **Joe**, **Zane** and **Mark** to break through and have a number of shots on the goal. After a fantastic save by the goalkeeper, Portland were given a great opportunity to take the lead and this they did with a fantastic whipped corner from Enzo, slipping past the scrambling goalkeeper.

Some fantastic defending was undone as Ibstock broke down the sturdy defence. With a blink of an eye and some silky feet from the attack a blinding shot flew past **Dominic** in the net. This wasn't going to hold back the U12's who continued to attack with Noah pushing the ball through for both Joe and Zane to chase after and were very unlucky to not take the lead.

Heading into the second half on equal terms, it was not meant to be a Christmas movie but more an Action movie – Die Hard. After the break a fantastic couple of shots saw PPS drop two goals behind but once again it was not going to downhearten the squad who pushed back again and again throughout the half, breaking the lines a number of times but it was a mass scramble in the 6-yard box that saw Joe dink the ball over the flapping goalkeeper.

Even after pressing Ibstock's defence over and over, there was no way through for the PPS team. Despite this, there was no negativity from the players' and smiles were on faces as the final whistle blew.



## Rugby – Gum Shields & Boots

This half term our lower school boys and girls (Y6-9) will be returning to rugby during one of their three lessons. With the ground now much softer it is even more important that all pupils bring studded rugby or football boots to these lessons.

We slowly introduce contact throughout the term, ready for full contact in the Spring Term. Any pupils that wish to participate in contact rugby must be wearing a gum shield. These can be sourced from a variety of places and the easiest option is to purchase a self-moulding one either online or from any good sports shop. Please contact the sports department if you have any questions regarding footwear or gum shields.





Portland  
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# Sports report



**PORTLAND  
PLACE SCHOOL**

# **KARATE CLUB**

**Mondays 4-5pm, Portland Place Hall**

**FREE TASTER  
SESSION**

**MONDAY 21<sup>st</sup> NOVEMBER**

**All ages, genders and abilities are welcome. If you would like to sign up, please speak to a member of the PE department**





## Next Week's Clubs and Fixtures

Monday 21 <sup>st</sup> Nov:	<p>Year 8/9 girls' football vs Maida Vale, Regent's Park, 2.00pm</p> <p>Table tennis club, PPS Hall, 1.10pm-1.45pm</p> <p>Combat Karate Free Taster Session, PPS Hall, 4.00pm-5.00pm</p>
Tuesday 22 <sup>nd</sup> Nov	<p>Year 9 netball Westminster Schools Tournament, Paddington Recreation Ground, 10.00am – 1.00pm</p> <p>Year 8 boys' football vs Thames Christian College, away (Falcon Park), 2.00pm</p> <p>Weight training club, PPS changing rooms, 12.50pm-1.30pm</p> <p>Football Club, Westway Sports Centre (transport provided) 3.50pm – 5.30pm</p>
Wednesday 23 <sup>rd</sup> Nov	<p>Senior House Football (Y10 &amp; 11 Boys), Regent's Park, 2.00pm – 3.45pm</p> <p>Running club, Regent's Park, 12.50pm – 1.20pm</p> <p>Fencing club, PPS Hall, 4.00pm—5.00pm</p>
Thursday 24 <sup>th</sup> Nov	<p>U15/16 boys' football vs Thames Christian College, 2.00pm, away (Falcon Park)</p> <p>Dance Club, Rm 11, 12.50pm-1.30pm</p>
Friday 25 <sup>th</sup> Nov	<p>Y10/11 girls' football vs NBHC, Regent's Park, 2.00pm</p> <p>Y9 boys' football vs NBHC, Regent's Park, 2.00pm</p>

## Enrichment—Second Half of Autumn Term

Activity	Staff	Room
Badminton	SRI	PE Changing Rooms at 13:50
3D Design	DWO & CHU	B1
Climbing	WBR & BSO	Room 1 at 13:30
Drawing & Calligraphy	LDE & CFL	Art Studio
Fencing	RLE & AZE	PP Hall—meet PP Changing Rooms 13:50
Glee Club	AJU & CBO	Drama Studio
Hairdressing	DBL & CMH	Science Lab 3
Horse Riding	CBY & AIS	Meet PE Office at 13:30
Humanities Highlights	KOL, PLE & MTH	Room 10
Lego Design Club	TTC & TLA	Room 11
London Zoo	ECO & TNO	Offsite
Mad Scientist!	HSI & TTO	Science Lab 1
Netball	TMA & KPA	Meet PP Changing Rooms at 13:50
Photography Skills	PZA, DFL, CBI	R34
Poetry Slam	SSA, LVW, BCA	Library
Senior Football	JKU & LST	Meet PP Changing Rooms at 13:50
Yoga & Meditation	JWO & MMC	Room 22



## Clubs from September

Day	Time	Activity	Staff	Location	Year Groups
Mon	12:50-13:50	Table Tennis Club	JKU	PP Hall	All
Mon	12:50-13:30	KS4 Design Drop-In Clinic	DWO	B1	10 & 11
Mon	12:50-13:45	String Ensemble	R H'white	R1	All
Mon	12:50-13:50	Chinese Club	TLA	G33	All
Mon	13:10-13:45	Chemistry Revision Club	HSI	Science Lab 2	10 & 11
Mon	13:15-13:40	Board Games	DFL & ECO	R11	6-9
Mon	15:45-17:00	KS4 Design Drop-In Clinic	DWO	B1	10 & 11
Tue	12:50-13:30	KS3 Design Club	DWO	B1	8 & 9
Tue	12:50-13:50	Drawing & Calligraphy Club	NHI	B3	6 & 7
Tue	12:50-13:45	PPS Choir	SHI & CBO	R1	All
Tue	12:50-13:50	Weight Training Club	SRI	Boys Changing Room	All
Tue	13:10-13:45	Physics Club	WBR	Science Lab 3	10 & 11
Tue	16:00-17:00	KS4 GCSE Art Club	LDE	Art Studio 1	10 & 11
Tue	15:45-17:00	KS4 Design Drop-In Clinic	DWO	B1	10 & 11
Tue	15:50-17:30	Football Club	tbc	Westway Sports Centre	All
Wed	12:50-13:30	KS4 Design Drop-In Clinic	DWO	B1	10 & 11
Wed	12:50-13:45	Music Theory Club	ZBO	R42	All
Wed	12:50-13:50	Russian Club	PZA	R24	All
Wed	12:50-13:45	Percussion Ensemble	J Morrison	R2	All
Wed	12:50-13:50	Running Club	LST	Regents Park	All
Wed	15:50-16:50	Extreme Dance London	External XDL Coach	R11	All
Wed	15:45-17:00	KS4 Design Drop-In Clinic	DWO	B1	10 & 11
Wed	16:00-17:00	Fencing Club	Fencing coach	PP Hall	All
Thurs	12:50-13:45	Woodwind Ensemble	J Slack	R1	All
Thurs	12:50-13:30	KS3 Drama Club	TNO	Drama Studio	6-9
Thurs	12:50-13:50	Dance Club	CBY	R11	All
Thurs	12:50-13:50	French & Spanish Beginner	FSY	G33	6—9
Thurs	13:15-13:45	Biology Club	RLE	Lab 2	10 & 11
Thurs	13:15-13:45	Spanish GCSE Club	CFL	G33	10 & 11
Thurs	16:00-17:00	PPS Chamber Choir	CBO	R1	By audition
Thurs	16:00-17:00	Art Club	TMO/LDE	Art 1 & 2	All **
Fri	12:50-13:45	Brass Ensemble	W Brown	R2	All
Fri	13:15-13:45	French Bilingual Club	TLA	B3	7 – 9
Fri	12:50-13:50	Japanese	Yekta	R24	7 – 9
Fri	12:50-13:30	KS4 Design Drop-In Clinic	DWO	B1	10 & 11
Fri	15:45-17:00	KS4 Design Drop-In Clinic	DWO	B1	10 & 11

\*\* by invitation only for KS3, Art Scholarship holders must attend

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## Term Dates

### Academic Year 2022/2023

#### Autumn Term 2022

Staff Inset (closed to students)	Wednesday 31 August – Thursday 1 September 2022
Induction (new students)	Friday 2 September 2022
<b>Term Starts</b>	<b>Monday 5 September 2022</b>
Half term	Monday 17 October – Friday 28 October 2022
<b>End of term</b>	<b>Friday 16 December 2022</b>
Christmas holiday	Monday 19 December 2022 – Friday 6 January 2023

#### Spring Term 2023

Staff Inset (closed to students)	Monday 9 January 2023
<b>Term Starts</b>	<b>Tuesday 10 January 2023</b>
Half term	Monday 13 February – Friday 17 February 2023
<b>End of Term</b>	<b>Friday 31 March 2023</b>
Easter holiday	Monday 3 April – Friday 21 April 2023

#### Summer Term 2023

Staff Inset (closed to students)	Tuesday 24 April 2023
<b>Term Starts</b>	<b>Tuesday 25 April 2023</b>
Bank Holiday	Monday 1 May (school closed)
Half term Holiday	Monday 29 May – Friday 2 June 2023
<b>End of Term</b>	<b>Friday 7 July 2023</b>





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