

Weekly Buzz



Updated schedules for clubs!

Dates for your diary

Academic and Sports fixtures



Portland
Place
School



Dear Parents,

The school would like to warmly invite you to our Portland Place School Carol Service, to be held on Monday December 10th from 12-1pm, at the All Souls Church on Langham Place [2 All Souls Place, London W1B 3DA](#)

After the service, please join us for drinks and mince pies back at Portland Place School hall, at 1.15pm. This event is open to parents, staff and alumni.

The Service has a collection of well-known carols for the congregation to sing as well as special Christmas choral pieces sung by the Portland Place Choir.

We will be emailing out formal invitations shortly.

We look forward to seeing you there,

Yours faithfully

Laura Young (on behalf of Portland Place School)



DLD COLLEGE WINTER CONCERT 2018

Tuesday 11th December

3.15pm - 4.30pm

Cover artwork created by Aaron Gong,
Photography Student at DLD College

DLD
COLLEGE
LONDON
ESTABLISHED 1931

199 Westminster Bridge Road,
London, SE1 7FX
Tel: + 44 (0) 20 7935 8411
RSVP by 30/11/18: sarah.richmond@dld.org

• CHRISTMAS CHARITY • • COMMITTEE •

— Volunteers needed —

HELP US ORGANISE A FOOD
COLLECTION FOR A LOCAL FOOD BANK!

if you are interested, talk
to your tutor
or Miss Magniez.

BUGSY MALINE

Thank you to all students who auditioned for us this week. This has been one of the most difficult castings in recent years, which is a credit to your hard work and preparation.

There will be lots of multi-role during the show with students playing more than one role. This will become clearer during the rehearsal process.

First rehearsal will be Tuesday 8th January (4-5pm)

We can't wait to get started!

Mr Chivers, Mr Hill, Miss Boyle and Mrs Lambert



Character	Student
Bugsy	Felix Rivadeneira
Blousey	Freya Francis-Baum
Fat Sam	Talitha Nooy
Fizzy	Rudy Bigoni
Tallulah	Daya Uppell
Dandy Dan	Lloyd Day
Leroy	Lawton Ballbach
O'Dreary	Oscar Bolgar
Captain Smolsky	Dylan Young
Seymour Scoop	Gordon Turnor
Shady	Alex Politi
Looney Bergonzi	Angel Ellis
Cagey Joe	Jesse Francis-Baum
Flash Frankie	Sultan Sindi
Barber	Roberto Hinton Cotarelo
Pop Becker/Joe Barman	Antonio Hinton Cotarelo
Radio Announcer	Victor Calbucci

Waitress	Laura Liu
English Reporter	Kieran McKintosh
Reporter 1	Irene Peleteiro Paniagua
Reporter 2	Ronan McCarthy
Oscar De Velt	Bertie Katz Webb-Lamb
Marbini	Nicolas Bartha
Ventriloquist	Ryder Nayak
Dummy	Huxley Nayak
Lena Marrelli	Sumayyah Mahmoud
Knuckles	Dot Jones
Snake Eyes	Lucy Mainstone
Roxy Robinson	Adam Khan
Louis	Joey Turner-Etridge
Ritzy	Max Hubert
Angelo	Sonny Shelton
Bronx Charlie	Rio Redwood-Sawyerr
Laughing Boy	Archie Williams
Benny Lee	Isaac Meyer
Yonkers	Kunal Patel
Doodle	Sid Marber
Shoulders	Grace Bradshaw
Louella	Isla Turnbull
Tillie	Bea Thompson
Bangles	Zeynep Yilmaz
Loretta	Scarlett Willis
Dotty	Anastasia Dillon Demosthenous
Velma	Lana Tuite
Kitsy	Ruhi Patel
Pickett	Madoc Jones
Babyface	Benny Miller

Other roles to be decided during the rehearsal process

News

Paul Howard visits Sixth Form

On Friday morning Years 12 and 13 were fortunate enough to meet with Football League match official Paul Howard.

Paul, who is one of London's most promising referees, spoke to our group about how we could compare the skills he uses to referee high profile games with the skills needed to be successful in school or other professions.

The session focussed on how our students can be proactive, take ownership of their decisions and deal with stressful situations.

Furthermore, Paul told the students about his background and the fact that he had to leave his Sixth Form College due to a brain injury he received following a bad clash whilst playing football for his school.

It certainly demonstrated that sometimes we don't always directly achieve what we set out to achieve, but with effort, preparation and a strong mental attitude we can still be successful.

Overall, the students were incredibly engaged, asked lots of questions and and it was a very inspirational talk. Thank you, Paul.



News



Abokado Lunch Service

Portland Place are proud to partner with Abokado to provide healthy, nutritious and delicious lunches throughout term time in 2018 and beyond.

Abokado is one of London's leading healthy-eating chains. With 23 shops across the capital, we serve thousands of hungry Londoners every day.

Whether it's freshly-made sushi, delicious Pacific-inspired hot pots or our Vitality Salads, there's something for everyone to enjoy.

To place your orders -

Email portlandplace@abokado.com by 9.30am daily for same-day delivery. (Orders can also be placed up to 2 days in advance).

Emails must contain the following information -

- Parent name
- Parent phone number (in case of any question / confusion we have about the order)
- Student name
- Item(s) ordered*

- Date of delivery
- Notes (to make us aware of an allergy, for example)

* Parents will need to detail the full product name in their email. For example - we have a teriyaki chicken on brown rice hot pot, a teriyaki chicken noodle dish, a teriyaki chicken on sushi rice salad, and a teriyaki chicken sushi dragon roll. If a parent emails "teriyaki chicken" it won't be enough detail for us, so please be as specific as possible. See our full menu including nutritional information at <https://abokado.com/our-food/menu>

This service is now live - we're looking forward to serving you!

Parents will be billed for school lunches ordered through Abokado half-termly via Portland Place School. Payment will be made to Portland Place School not Abokado.

Abokado is aware that Portland Place School is not free

News

Abikado

Edwin Hounkanli (7TC) attended the Abikado tasting session last week. Speaking to the Weekly Buzz about his experience Edwin said, "I really enjoyed the Abikado tasting session, there was lots of food on offer. I had soup with tofu, salmon nigri and really enjoyed their seaweed. I would definitely have Abikado again, overall it was an excellent experience."



News

Dealing with Mental Health

This morning, students from Years 6 & 7 attended an assembly led by researcher Jessica Bone from University College London. The assembly was on the important topic of Mental Health and ways of dealing with it. Our students were presented with coping mechanisms linking to mental health and encouraged to always speak up if they felt unhappy. Students were also presented with ways of preventing mental health problems, such as: exercise, eating healthy, art, music, sleep and many more. Jessica will be coming into PPS next week to carry out a study on the Development of Cognitive Processing During Adolescence among our Year 7 students. Portland Place School believes that this is a really important piece of research and is proud to be participating in the study. All Year 7 parents should have received an email with a consent form.

Below is a list of **apps** which students are encouraged to download:

- **Reasons2** is a free app designed by Young People and Washington Mind to help improve mental health.
- **BASE** is an app designed by Solent NHS Trust's Child and Adolescent Mental Health Brookvale youth Mental Health Service to help manage stress and anxiety. Stress affects everyone and is a completely normal reaction that people experience when feeling overwhelmed by situations they cannot manage. Stress and anxiety is very hard to control and sometimes we are unaware of what can cause our stress levels to go up. By learning more about how and why we experience anxiety at different times and in different situations, we can be less fearful.
- **The Calm Harm** app was developed to help young people manage the urge to self-harm. It is the first clinically developed app for young people at risk of self-harm developed by the charity's founder; Consultant Clinical Psychologist Dr Nihara Krause.
- **Mindshift** is an app designed to help teens and young adults cope with anxiety. It can help you change how you think about anxiety. Rather than trying to avoid anxiety, you can make an important shift and face it.
- **Headspace** - Learn to meditate and live mindfully, a personal meditation guide, right in your pocket.
- **Bluelce** is an evidenced-based app to help young people manage their emotions and reduce urges to self-harm. It includes a mood diary, a toolbox of evidence-based techniques to reduce distress and automatic routing to emergency numbers if urges to harm continue.
- **Chill Panda** - Learn to relax, manage your worries and improve your wellbeing with Chill Panda. The app measures your heart rate and suggests tasks to suit your state of mind. Tasks include simple breathing techniques and light exercises to take your mind off your worries.

News

Dealing with Mental Health Pictures



News

Sixth Form Debating Competition: PPS Crowned Champions!

On the 16th November 2018, Portland Place attended a Senior Debate competition held at DLD College London. With the launch of the Sixth Form Debating Society this September, we were very excited about the prospect of our first formal competition. The day comprised of two heats which led to the final debate. The first motion was, 'This house believes that the monarchy should be abolished' and PPS proposed the motion against DLD. Sophia Carlton and George Peltz were so confident and articulate during this debate that they unanimously won the first round, setting the bar very high. The second motion was, 'This house would ban the burqa' and Neesa Awasty and Zayd Sharif vehemently opposed this motion against Ravensbourne School. This was a passionate and heated debate which led to a close 2-1 result. However, we managed to score enough points to reach the final, where Albie Marber and Sophia Carlton argued that 'Feminism is an outdated concept' against a very strong Wetherby Senior team. After an intense hour in which both teams were excellent, PPS were crowned the overall winners! Well done to the winners and the rest of our team. Sophia Carlton was commended by the judges as 'the best debater of the day', with the judge adding that she was 'the strongest he had ever seen' - an accolade the whole school is proud of. As this was the first term of our new society, this result is a tremendous achievement for us and we will be looking to enter some national competitions soon. Thank you to all, especially the debaters and the supporters who attended. A special thank you to Ester and Zayd who took part in judging two of the debates.

Ms Baig



News

Anti-Bullying Week

Students and teachers stood up to bullying last week by taking part in a series of activities organised by the student Anti-Bullying committee.

On Day 1, we shared 'Popularity', a short video we created to promote tolerance and self-acceptance.

On Day 2, we asked all students to complete a well-being survey that we created. The results will be analysed during our next Anti-bullying meeting.

On Day 3, we launched 'Little Advisers' (LittleAdvisers@portland-place.co.uk) an email address created to send suggestions on how to make our school an even friendlier place.

On Day 4, we asked teachers to change their seating plans and usual groups to encourage cooperation between all students.

We finished with an Odd Socks day to celebrate tolerance, diversity and self-love in our school. We want everybody to know that everyone is different but equal and it is our responsibility to respect every single student in school. If you feel like the odd one out sometimes, remember that it is great to be different; it means you are unique and irreplaceable. There will always be other socks out there to appreciate you the way you are, just be patient!

Finally, you should never feel ashamed to be bullied, it is not because someone treats you badly that you deserve it. Be stronger than your bully and report bullying.

The Anti-Bullying Committee

Alex, Kieran, Irene, Laura and Ms Magniez



Sports results



Sports

Gum Shields for Rugby

Rugby lessons have now begun for lower school years 6-9. Please ensure that pupils have gum shields, ready for contact work. Pupils should also have correct rugby studs, with no sharp edges, catches or burring. In addition pupils should wear their reversible rugby shirt, ideally with under layer, rugby shorts and long socks.

Netball

U15 Girls Win Westminster League Opener

Fantastic wins for the U15 Netball Team

Wednesday afternoon was a very successful competition for the U15 PPS Netball Team who came away with two wins for the Westminster League, putting the girls currently at the top of the table!

The first game was against St Augustine's CE High School where **Marielle Staunton**, **Ava Jones** and **Freya Francis-Baum** had control of the entire game. The play was fluent and consistent. With only a short game, they came away with a win of 11 goals to 1.

In the second game, the competition was much more intense. PPS versed Grey Coat Hospital School who have been a strong team for many years. It was a tough game. The girls really had to play to the best of their ability and push through, even though they were tired. **Dasha Lebedeva** dominated as Goal Keeper. PPS had a lot of possession and accurate shooting and came away with a well-deserved win, 15-11.

Two excellent games – you should all be proud of your efforts!



Sports

Football

U13 St Thomas's 5aside tournament.

On a bright and chilly Saturday morning, PPS U13's made their way to Barn Elms to take part in the Thomas's Battersea Schools 5 aside tournament. The draw saw PPS take on Fulham Prep, Willington Prep and Thomas's Battersea in the group stages with some very high quality 5 aside football on display.

In the first game PPS took on Thomas's Battersea. The boys started brightly knocking the ball around with purpose and zip but unfortunately were guilty of making errors in the final third. They were creating opportunities to shoot but were opting to make one extra unnecessary pass and then losing the ball. The game was highly competitive but it was Thomas's Battersea who scored two well taken goals in quick succession after PPS failed to track their men in defence. PPS pushed hard for a goal but were caught again, twice and lost 4-0. The score line seemed very harsh considering the boys' performance.

In their second game, PPS took on a strong Willington prep team. PPS looked like they meant business in this game and were really putting lots of pressure on any player who had the ball. Willington had more possession but PPS were defending really well and looked dangerous on the break. **Leo Sargent** made two outstanding saves mid-way through the match but unfortunately Willington scored right at the death to take a 1-0 win. After two losses on the bounce, PPS could not progress to the finals.

In their third and final game, PPS took on Fulham prep....playing for the pride of PPS. The boys were excellent in both attack and defence in this match against one of the tournament favourites. It was an all action 12 minutes of 5 aside football! **Hamish Cooper** scored an absolute screamer from the left flank as he powered the ball right into the top corner leaving the keeper no chance. However, Fulham did reply in the final minute with a well taken finish. 1-1 the final score.

Overall, there was a feeling that had the boys not made so many mistakes in their first match they could have had a very good chance of progressing from what looked like the strongest group at the tournament. There were many positives to take away. **Lloyd Day** was a constant threat in attack with his driving runs but if anything his defensive work was more impressive! **Nicholas Bartha** deserves credit for some of his defensive work against some high quality strikers, but man of the tournament goes to **Leo Sargent** who made a number of outstanding saves in all three group games.



Sports

U13 Football vs Thames Christian College

On Monday afternoon Portland's Year 7's and 8's played against TCC at Barn Elms. PPS's squad had been decimated due to injuries and other commitments, with captain **Elliot Macleod**, midfielders **Sam Meyer**, **Lloyd Day** and **Tom Hallam** and defender **Arthur Hales** all unable to play. This provided an opportunity for other players to prove themselves and a few year 8 boys were able to make their debuts for the school team. **Lucas Munford** played particularly well on the left side, linking-up with central players and keeping the team moving forwards. **Cassius Swales** also made his first appearance for the A side and was able to make a number of important tackles. Once again, defensive lapses presented scoring opportunities to TCC and they were able to take a 2-0 lead into the break. Frequently, the U13's were unable to clear the ball effectively whilst defending and often pay the price. An improved performance in the second half saw the away side keep TCC at bay and even create a few scoring chances. **Nicolas Bartha** was particularly strong in defence and **Jake Cossey** worked hard in midfield and is improving very quickly at the moment. The match finished 2-0 and PPS certainly finished a lot better than they started. Well done to all that played.

House Sport

Next week in PE the year 9's will be contesting their house table tennis tournament with 28 pupils currently signed up to represent their house. Friday afternoon will see a combined Year 8 & 9 football tournament at Regents Park. Devonshire, at present hold a comfortable lead at the top of the House Cup standings, so it will be interesting to see if any houses can close the gap during the football and table tennis tournaments that will be played before Christmas.

Next Week

Y9 Mixed Table Tennis Tournament: Tue 27th November, 9.00am in GPS and PPS Halls

Y8 & 9 Football: Friday 30th November, 1.30pm at Regents Park

Current Standings

Total	House	Points
1st	Devonshire	36
2nd	Cavendish	24
3rd	Wigmore	20
3rd	Langham	20

Calendar & Contact

Monday 26 November

12.45-1.30pm	Woodwind Ensemble, Mr Slack, R1
12.45-1.30pm	Rock Band, Mr Hill R2
12.45-1.30pm	Chess Club, Mr Burton, Library
12.45-1.30pm	Russian Advanced, R43
12.50-1.30pm	Weight Training Club, Sports Dept
1.00-1.20pm	Years 7-8 Maths Challenge & Enrichment Club, R24
1.00-1.20pm	Years 9-11 Maths Challenge & Enrichment Club, R22
3.45-5.00pm	Arabic for Beginners, R36
4.00-6.15pm	Lamda Lessons in PPS Hall
4.00-5.00pm	Yoga Class (Year 10-13), Ms Wellby, Drama Studio

Tuesday 27 November

8.20-8.50am	Year 12 Pure Extra Help, Ms Segerstrom, G12
12.45-1.30pm	Percussion Ensemble, Mr Jesson, R1
12.45-1.30pm	Rock Band, Mr Hill R2
12.45-1.30pm	Student Voice, Ms Magniez, R34
12.45-1.30pm	Spanish, Ms Picado, Library
12.45-1.30pm	Italian GCSE, G12
1.00-1.20pm	Chess Club, R24
3.45-4.45pm	Portland Place Orchestra, Mr Hill, R1
3.45-4.45pm	KS3/4 Computing Club, R34
3.45-4.45pm	GCSE Geography Club G24
3.45-4.30pm	GCSE Classical Civilisation G31
3.45-4.30pm	GCSE Business Club G12
3.45-4.30pm	History GCSE revision club, G23
3.45-4.30pm	GCSE Revision Chemistry, H3/4
3.45-4.30pm	GCSE Revision Physics, H6/7
3.45-5.00pm	Science Lab, Ms Nicholas, H1/2
3.45-5.00pm	Japanese for Beginners, R36
3.45-5.00pm	Mandarin Beginners/Advanced, R35
4.00-4.30pm	KS3 Maths Club, R10
4.00-5.00pm	Design Club for KS3
4.00-5.00pm	Table Tennis Club, GPS Hall
4.00-5.00pm	GCSE Design Club

Wednesday 28 November

8.00-8.45am	Chamber Choir, R1
12.45-1.30pm	Boys' Choir R1
12.45-1.30pm	Music Theory Club, Ms Bottrill, R42
12.45-1.30pm	Soul Band, R2
12.45-1.30pm	Theory Club, Ms Bottrill, R43
12.45-1.30pm	EAL Homework Club, R11, Ms Florea
3.45-4.30pm	GCSE Classical Civilisation Club, G41
3.45-4.45pm	GCSE History Club G23
3.45-4.45pm	Economics Club, Ms Byrne, G21
3.45-5.00pm	KS2 Art & Craft Club, R22
3.45-4.15pm	Year 12 & 13 Statistics/Mechanics Extra Help, R36
3.45-4.15pm	Year 13 Pure Extra Help, R10
3.45-5.00pm	French GCSE Support, R36
3.45-5.00pm	French Year 10 GCSE Support, R35
4.00-4.45pm	GCSE Art, Art Studio
4.00-4.30pm	Duke of Edinburgh Meeting, PPS Hall
4.00-5.00pm	Film Club Y9-13 Mr Flack, GPS Hall
4.00-5.00pm	GCSE Design Club, Ms Birtles, B1
4.00-4.45pm	GCSE Computing Club, G11

Thursday 29 November

12.45-1.30pm	Portland Place Choir, Ms Boyle, R1
12.45-1.30pm	KS3 Book Club, Library
12.50-1.30pm	Weight Training Club, Sports Dept
1.00-1.30pm	Netball Shooting Club, Sports Dept

Friday 30 November

12.45-1.30pm	Jazz Band, Mr Hill, R2
1.00-1.30pm	Debating Club, Ms Baig, Library
1.00-1.30pm	Textiles Club
4.00-6.15pm	LAMDA, Lessons, PPS Hall

TERM DATES:

AUTUMN TERM 2018

Term Starts	Wednesday 5 September
Half Term	Mon 15 October – Fri 26 October
End of Term	Friday 14 December

SPRING TERM 2019

Term Starts	Monday 7 January
Half Term	Mon 18 February – Friday 22 February
End of Term	Friday 5 April

SUMMER TERM 2019

Term Starts	Wednesday 24 April
Half Term	Mon 27 May – Fri 31 May
End of Term	Friday 5 July

CONTACT DETAILS:

PPS MAIN BUILDING (Years 4-9)

58 Portland Place, London W1B 1NJ

HARFORD HOUSE (Art/Drama/Science)

101-103 Great Portland Street W1W 6QE

GPS BUILDING (Years 10-13)

143-149 Great Portland Street W1W 6QN

E-mail: admin@portland-place.co.uk

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PPS TWITTER ACCOUNTS:

<https://twitter.com/PortlandPlaceHd>

[@PortlandPlaceHd](https://twitter.com/PortlandPlaceHd) – Main PPS account

[@PPS_Sports](https://twitter.com/PPS_Sports) – Sports Department

[@PPSDrama](https://twitter.com/PPSDrama) – Drama Department

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[@PPS_KS2](https://twitter.com/PPS_KS2) – Years 5 & 6

[@PPS_DT](https://twitter.com/PPS_DT) – Design Technology

[@MFLPPS](https://twitter.com/MFLPPS) – Mfl Department

[@year7PPS](https://twitter.com/year7PPS) – Year 7

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